



A publication of the
**Committee for
Community and Traditional Dance**
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The International Association
of
Square Dance Callers

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Community Dance Leaders Seminar

We are busy planning another exciting and educational seminar for those interested in learning to provide entertaining dance events using a limited vocabulary. This is a continuation of the annual Beginner Dance Party Leaders Seminars, which began in 2000. Last year we inaugurated a new name to reflect a broader focus on both beginner and community dancing. The Community Dance Leaders Seminar (CDLS) will be held Saturday and Sunday, March 19 and 20, 2016 at the beautiful Sheraton Norfolk Waterside Hotel in Norfolk, Virginia. Registration is \$50 and should be done thorough the Home Office. Please contact Bob Riggs if you would like to make a presentation or suggest topics. bob@SquareDanceEtc.com

Inside This Issue

This issue of the *CD Journal* features several dances that use a sequence of two or more arch and dive actions. The adjacent column describes some Grand March arch and tunnel actions. The last part is a long Dip and Dive sequence best enjoyed by the young and agile. The second page describes two contra dances using two forward dives involving just two couples. The dances on the third page are square dance applications using Dip and Dive. The three dances on the last page all involve a dive forward and then an arch and back over action.

Grand March Arches

From a big Promenade Circle with dancers holding near hands, the leading couple comes up the center of the hall. First couple goes left, the next goes right and all alternately follow.

When they meet at the foot of the hall, those on the right arch and the others go through the tunnel. When they meet at the top of the hall the others arch to make a new tunnel.

When they meet at the foot, the right couple begins an alternate convergence into one line of couples coming up the center. Then the leading couple turns to their left into a Promenade.

From a Promenade Circle with dancers holding near hands, the dancers in the leading couple turn toward each other to go under the long tunnel. Everyone else turns in and follows them. When the leading couple comes out of the tunnel they stand and turn around joining the other hand to arch over and all follow.

From a Promenade Circle with dancers holding near hands, the leading couple turns out changing hands to make an arch and the following couple dives thru. Then the leading couple dives thru the next couple beginning a long Dip and Dive. As each couple reaches the front, they turn and make an arch. When the leading couple reaches the end they turn and continue the pattern back to the Promenade.

Community Dance Leaders Seminar 2016

March 19 & 20, 2016 in Norfolk, Virginia

Gather material and enhance your ability to successfully lead party, community, or limited Basic square dances.

Proper Contra

Loon Mountain Reel

Adapted from the Scottish Country dance by Alan Smith

Formation: Contra Lines with partners facing across. From the top make groups of four dancers. The 1s (nearest the top in each group of four) face down the hall while the 2s (other couples in each group) face up the hall. The location of gents and ladies is flexible and should be determined by the gender mix and experience of those present.

Music: There is a tune called "Loon Mountain Reel" in the John Chambers' abc collection. Many well-phased 64-beat reels are suitable.

Usage: A simple contra with nice symbolism. Circles are the lake, lines are ripples along the edge, stars are loons making their nest, and arches are the loons diving.

Intro or

57-64 - - - -; Each four Circle Left;

1-8 - - - -; - - Circle Right;

9-16 - - - -; Long Lines Forward and Back;

17-24 - - - -; - - Forward and Back;

25-32 - - - -; - - Star Right;

33-40 - - - -; - - Star Left;

41-48 - - - -; Second couple arch and first go under;

49-56 Both turn, first arch; both turn, second arch;

57-64 - - - -; Each four Circle Left;

Description:

1-8 Each four join hands and Circle Left for eight steps.

9-16 Same four dancers Circle to the Right for eight steps.

17-24 Dancers join hands in long lines and dance forward three steps and touch then back three steps and touch.

25-32 Maintaining the long lines, repeat beats 17-24.

33-40 Same groups of four dancers make a right-hand star and turn it for eight beats. (Scottish Country styling is hands joined with the dancer directly across the star.)

41-48 Dancers turn alone, form a left-hand star, and turn it for eight beats. All end in original spot facing up or down.

49-64 Partners join nearer hands ready to change places three times. The 2s make an arch and the 1s dive through. All dancers individually turn around and reconnect nearer hands with their partner. The original 1s make an arch and the 2s dive through. Turn around once more and repeat with the 2s making the arch. All move forward to face a new couple. At the ends of the set, spare dancers turn around alone or as a couple depending on the original formation and wait for 64 beats.

Couples Facing

Oklahoma, OK

By Dottie Welch, 2013
(for the 62nd US National)

Formation: Contra lines of Couples Facing Couples. Slide a spare couple in at the foot.

Music: "Oklahoma", Red Boot 229

Usage: This features a dive through from side-to-side in contra lines. The turn around can be done using a California Twirl or simply Turn Alone.

- - - -; - - Left line arch;

Others dive; - - Left line arch;

Others dive; - Ladies Dosado;

- - - -; - - Gents Dosado;

- - - -; Each four Circle Left;

- - - -; - - Circle Right;

- - - -; Slide Right to the next couple's location;

- - - -; - - Forward and Back;

Description:

Left Line Arch: Couples in the left line join adjacent hands and make an arch for couples in the right line to dive under. All move forward and turn.

Slide Right: Couples move to their right along the line or around the end into the next couple's position.

Share Your Ideas

Send dance or theme ideas to

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Our goal is to publish
two or three issues of the
CD Journal each year.

Square Break

Circular Dip and Dive

It is possible to use a circular version of Dip and Dive as part of an Opener or Break figure for square dancing.

Prompts:

Heads face left and arch, Sides Dive Thru then Sides arch and Heads Dive. Continue all the way around until home again.

Description:

Heads turn as a couple to their left to face clockwise and make an arch with their joined hands. Sides turn as a couple to their right to face the Heads. Heads move forward holding the arch while the Side couple dives through the arch. Then the diving couple stands and makes an arch for the next couple to dive through. Continue arching and diving until all are back to their home spot, which is two dives and two arches for each couple.

Allow at least 16 beats to go all the way around. Fill the break with appropriate choreography for the group.

CD Journals Available on the CALLERLAB Website

www.callerlab.org

From the Home Page, select "For Members", then "Documents/General" which appear below the index. Order by title and scroll down to the *CD Journal* listing.

The *CD Journal* Index is listed under "Dance Programs", or search for it using Google.

Traditional Square Figure

Redwing

Formation: Four couples in a square.

Music: "Redwing" or other reel.

Usage: This is a favorite traditional square dance figure. Dancers new to the figure will probably need a walk through for each active couple.

Traditional Visiting Couple Figure Prompts:

Intro or

57-64 - - - -; Couple #1 (#2, #3, #4) Lead Right;

1-8 Circle Half - -; the inside couple arch;

9-16 Dip and Dive and away you go;

The inside high and the outside low;

17-24 Turn and come on back; - - - -;

25-32 Dive Thru to the right hand two;

Circle Half around;

33-40 Centers Arch, Dive Thru; Partner Swing and adjust to home;

41-48 - - - -; - - Promenade;

49-56 Afar 'neath his star her brave is sleeping;

57-64 While Red Wing's weeping her heart away;

Repeat for Second, Third and Fourth Couples.

Description:

- 1-8 The active couple holding adjacent hands moves to their right to face the couple on their right. Those four dancers Circle Left halfway around. This places three couples lined up for the Dip and Dive.
- 9-28 The inside couple makes an arch then walks forward holding the arch while the outside couple dives thru the arch. The diving couple stands up and makes an arch for the third couple to dive thru. When a couple reaches the outside, they do a California Twirl (raise joined hands, lady turn under hands and gent walk around) to continue back the other way. This continues until all couples are back to the place where they started the Dip and Dive. Each couple must do six actions (Dive, Arch, California Twirl, Dive, Arch, California Twirl) or (Arch, California Twirl, Dive, Arch, California Twirl, Dive) and the whole pattern takes about 18 beats.
- 29-36 The active couple dives into the middle and turns to face the fourth couple who has been watching the Dip and Dive. Those four Circle Left half around.
- 37-40 The insides arch and the active couple dives thru moving forward to their home position.
- 41-48 All Partners Swing.
- 49-64 Partners Promenade full around and back to home.

Traditional Square

Wave the Ocean, Wave the Sea

From *Sets In Order*, February 1985

Formation: Square of four couples

Music: This is a 96-beat figure.

1-16 Heads face right to Wave the Ocean, Wave the Sea. (Within the two facing couples, the heads arch, and the sides dive thru. After passing, the divers arch and back up while the archers duck and back up, returning to original positions. It is repeated immediately, thus giving a waving motion to the figure.)

17-32 Heads face left and Wave the Ocean, Wave the Sea. (As above, the heads arch first but this time with the other side couple.)

33-48 Heads backtrack and all Star Promenade. (Heads turn individually and all make a left-hand star promenade. Heads have ladies in the center and sides have gents in the center.)

49-64 Couples Wheel Around to a right-hand Star Promenade. (Each couple wheels to their left half around to reverse direction.)

65-80 Ladies turn back and Swing corner behind. (This is a long, 16-beat swing.)

81-96 Promenade home with corner.

Wave the Ocean Sicilian

By Ed Butenhof

Formation: Sicilian Circle with a double progression. (See The Mariposa for setup details.)

57-64 - - - -; - - Circle Left;
1-8 - - - -; - - Circle Right;
9-16 - - - -; 2s arch for Wave the Ocean;
17-24 - - Wave the Sea; for 3 arches;
 (2s arch, 1s dive; 1s arch, 2s back under)
25-32 (2s arch 1s Dive); New Opposite Dosado;
33-40 - - - -; - Same one Swing;
41-48 (End in concentric circles with lady on the right); - - Partner Dosado;
49-56 - - - -; - - Partner Swing;
57-64 (End facing a new opposite); New group of four Circle Left;

Sicilian Circle

The Mariposa

Original by Fred Breunig

Listed in *Zesty Contras*

This is a slightly modified version.

Formation: Sicilian Circle (Couples facing each other in a large circle. From Promenade, direct every other couple to Wheel Around.) Designate 1s to be those facing counterclockwise and 2s to be those facing clockwise.

Music: A well-phrased reel

Usage: This dance has minimal hand touching except with one's partner and is good for energetic and agile dancers.

Prompts:

Intro or

57-64 - - - -; - - Star Right;

1-8 - - - -; - - Star Left;

9-16 - - - -; - - Opposite Dosado;

17-24 - - - -; - - Partner Dosado;

25-32 - - - -; - - Swing Partner;

33-40 - - - -; - - - -;

41-48 - Face the Opposite; Rolling Arches (2s arch & 1s dive);

49-56 1s arch and back over; - - repeat

57-64 - - - -; Pass Thru and Star Right;

Description:

1-8 Each four turn a right-hand Star for eight steps.

9-16 The same four Star left back to the where they began.

17-24 Facing dancers Dosado (Pass right shoulders, slide sideways back-to-back, back up to face).

25-32 Partners Dosado.

33-48 Partners Swing for 12 beats. End with lady on right, gent on left and facing the other couple. Join near hands.

49-56 Rolling Arches: 2s arch and the 1s dive thru (all move forward), 1s arch and 2s back under (all back up).

57-64 Repeat beats 41-48 and then Pass Thru (right shoulder pass) to a new couple.

If the dancers need more time to complete the Rolling Arches, then end the Swing earlier.