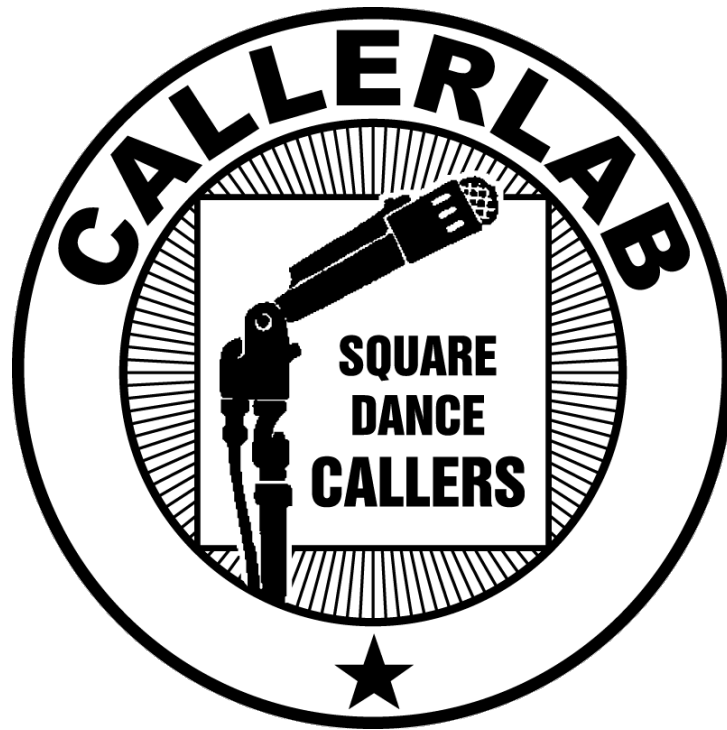


CALLERLAB

Mainstream Dance Program Teaching Guide



June 24, 2026

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Background and Philosophy

This document introduces the Mainstream Dance Program Teaching Guide, created to support the Mainstream Program adopted by CALLERLAB in 2025. The purpose of this teaching guide is to provide a unified and consistent approach to teaching the Mainstream Program within Modern Western Square Dancing. It establishes a common instructional foundation for callers and dancers across the globe, ensuring that both newcomers and experienced participants benefit from a shared framework.

Lesson Structure

The Mainstream Program is recommended to be taught in no less than 30 hours of instruction. It is recommended that this be organized as 15 two-hour classes or 20 ninety-minute classes.

In teaching all programs of square dancing the use of the adopted definitions is critically important. Thus, it is important that callers are very familiar with the [Mainstream Definitions Document](#) that was developed to accompany the implementation of this program. The Mainstream Definitions not only clarify the definitions of the calls, but provide important information on usage, styling, hand holds, timing, and other significant items that callers and dancers should be aware of. Callers are encouraged to review the definitions in planning their approach to teaching calls and use the definitions in their teaching.

The Lesson Plans introduce a manageable number of new calls and related formations in each session. Lessons follow the recommended teaching order, but they can be divided differently to suit varying teaching situations. If time allows and students are progressing well, a caller may cover one and a half or even two lessons in a single session, particularly early in the program. In other cases, a lesson may require more than one session. Sound caller judgment and a consistent focus on dancer success should guide these decisions.

Callers are expected to use their own methods when introducing calls. For each call, they must determine how to present the definition and whether to teach it through walkthroughs, demonstrations, or a combination of both. This requires careful preparation and thoughtful planning. Each lesson introduces the new calls to be taught and includes calls from previous lessons. This approach allows dancers to reinforce skills and gain confidence before moving on. Lesson plans are adaptable to regional styles and individual learning needs, while essential terminology, naming conventions, and directional cues are introduced early to establish a strong foundation.

The modules are organized into the following sections: Instructional Sequences by Call, Standard Application Patter Modules, Standard Application with Variety Patter Modules, and Singing Call Figures and Breaks. All modules can easily be doubled by starting with Heads or Sides.

Less experienced caller-instructors may rely on the modules provided, while more experienced callers may use them as a foundation for developing their own choreography.

A broader range of choreographic figures for each call is available in the Online Teaching Resource.

<https://teaching.callerlab.org>

The committee also suggests that new callers learn to identify and use equivalents to enhance the existing modules. For example, a Square Thru 3 could be replaced with Right & Left Thru and Pass Thru.

Degree of Difficulty and Variations

Dancers are expected to master the Standard Applications of Mainstream calls commonly used at open dances. Standard Applications may be defined as well-constructed choreographic sequences that are clearly presented, exhibit smooth flow, and are paced appropriately. Because they rely on familiar formations and arrangements, they offer a high probability of successful execution. Dancers instructed through this lesson plan will therefore develop substantial exposure to and familiarity with the applications classified as Standard.

Callers may expand choreographic variety by introducing Standard Applications with Variety (SAV). These decisions should be guided by dancer readiness, local preferences, and club expectations to ensure challenge without frustration. Standard Applications with Variety (SAV) may be understood as an intermediate category bridging Standard Applications and Extended Applications. While remaining sufficiently accessible to support the success of less experienced dancers, SAV incorporates material that extends beyond the conventional repertoire of square dance figures and patterns, many of which have become routine within club dancing contexts.

Extended Applications (EA) comprise the broad range of material that lies beyond these preceding categories. When incorporated judiciously into a strong SA program, a limited amount of EA can contribute significantly to a rich and memorable dancing experience. However, excessive reliance on EA may produce the opposite effect, resulting in an experience that is memorable for undesirable reasons. The aim of this approach is to provide callers with practical tools for fostering more positive outcomes and greater dancer engagement than those typically produced by current alternatives.

Each call is taught through a sequence of modules, beginning with basic instruction and progressing to more varied applications. Singing call figures are introduced early to reinforce learning in an enjoyable format. Less common or extended uses of calls should be added carefully and only when dancers are ready.

The modules have been organized with the main text considered by committee as close to standard application of the call at the time this teaching guide was written (standard Applications are known to change over time). Modules typed in blue are considered by the committee to be “Variety” – could have an increased difficulty factor due to either arrangement, formation, or a combination of both. Caller judgement should be utilized prior to calling these modules.

Naming and Directional Items

There are many terms that dancers need to understand that are outside of the scope of the calls on this list. The definitions committee has published a document which covers these items in detail and should be referenced as you begin teaching the Mainstream Program.

These foundational concepts play a crucial role in supporting both clarity and coordination during dance instruction.

The teaching guide emphasizes the early and consistent use of specific terminology. Key areas include:

Naming Conventions: Square, Partner, Corner, Heads/Sides, Couple Numbers, Leaders/Trailers

Directions: Forward and Back, Up to the Middle and Back, Face a direction or dancer (Right, Left, In, Out, Partner, Corner)

Honors: Bow to Your Partner/Corner, Thank Your Square

Rules: Passing Rule, Facing Couples Rule, Ocean Wave Rule, Same Position Rule

Formation Names: Callers should name formations at the start and end of calls to build structural understanding.

These terms and concepts are foundational to dance instruction. They should be introduced early in the teaching process and reinforced regularly to ensure dancers develop a strong understanding of both vocabulary and movement direction.

Purpose and Design of Lessons

The CALLERLAB Mainstream Program Lessons are specifically developed to introduce dancers to new square dance calls in a way that is structured, manageable, and ensures success. These lessons are crafted by callers for callers, focusing on gradual skill development and preventing dancers from feeling overwhelmed. Ample opportunities are provided for dancers to practice newly introduced calls, both during instructional periods and in full dancing scenarios. Each lesson concentrates on a

reasonable number of new calls per session, integrating these calls into figures that reinforce each concept and encourage sequential learning.

Lesson Progression and Modification

While each lesson is designed with a specific objective, callers are encouraged to exercise their own judgment and modify the lesson structure as needed. Adaptations may be based on the caller's experience, the dancers' needs, and regional square dance customs. In some cases, early lessons can be combined into a single session if dancers are advancing quickly and time allows. Conversely, if dancers are struggling, callers are advised to ease off on the lesson goal and prioritize enjoyable, successful dancing to maintain engagement and confidence. The choreography provided is meant to be flexible, empowering callers to adjust their lessons, as necessary.

The primary objective is for dancers to learn and enjoy performing the standard applications of all calls. If appropriate, callers may introduce more complex applications, provided these additions continue to support dancer success and enjoyment throughout the learning experience.

Incorporating Singing Calls and Variety in Choreography

Singing Call Figures are included in each lesson as it is strongly suggested to utilize singing calls each week. By integrating singing calls and related choreography as soon as possible, dancers experience a greater variety of movements and increased opportunities to interact with one another. This approach helps make each session dynamic and engaging for all participants.

Practice and Sociability

Teaching and learning are essential parts of the program, but they are only part of what makes a square dance class successful. When planning classes and lessons, it is equally important to consider the other elements that contribute to a positive, welcoming, and rewarding learning experience.

Among the most important of these is the value of practice and thoughtfully planned non-instructional tips. Each evening should begin with a review tip that reinforces all calls covered to date. In the same way, the final tip of the night should avoid introducing new material and instead provide an upbeat, encouraging close that emphasizes enjoyment, confidence, and success—so dancers leave smiling and eager to return.

It is also important to remember that most people attend not only to learn, but also to connect with others and enjoy themselves. Every tip and every break offers an opportunity to encourage social interaction, laughter, and a sense of community.

These moments do not simply happen on their own; they are fostered through thoughtful planning and an intentionally welcoming class environment.

For that reason, practice dancing, enjoyable non-teaching tips, and opportunities for social interaction should all be treated as intentional parts of any class plan. When included with care, these elements help create a learning experience that is effective, enjoyable, and genuinely welcoming for everyone involved.

CALLERLAB (NEW) MAINSTREAM SUGGESTED TEACHING ORDER

Effective September 1, 2026

1. Circle Family a. Circle Left/Right (1/4, 1/2, 3/4, Full) b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full) c. Single Circle Left/Right (1/4, 1/2, 3/4, Full) 2. Dosado 3. Promenade Family a. Couples Promenade b. <i>Single File Promenade</i> c. <i>Star Promenade</i> d. <i>Wrong Way Promenade</i> 4. Arm Turn Family a. Right/Left Arm Turn b. Allemande Left/Right 5. Star Right/Left 6. Right and Left Grand Family a. Right and Left Grand b. <i>Weave the Ring</i> c. <i>Wrong Way Grand</i> 7. Pass Thru 8. Wheel Around / <i>Reverse Wheel Around</i> 9. Courtesy Turn 10. Right and Left Thru 11. Swing 12. Ladies Chain Family a. Ladies Chain, (<i>Ladies Chain 3/4</i>) b. Four Ladies Chain, (<i>Chain 3/4</i>) c. <i>Chain Down the Line</i> 13. Half Sashay Family a. <i>Half Sashay</i> b. <i>Rollaway</i> c. Ladies In, Men Sashay 14. Turn Back Family a. U-Turn Back b. Backtrack 15. Separate Family a. <i>Separate</i> b. Separate Around 1 or 2 to a Line c. <i>Separate Around 1 or 2 into the middle</i> 16. Lead Right / Lead Left 17. Veer Left / Veer Right 18. Star Thru 19. Circulate Family a. Couples Circulate b. (Named Dancers) Circulate c. <i>All Eight Circulate</i> d. <i>Single File (Column) Circulate</i> e. <i>Box/Split Circulate</i> 20. Bend the Line	21. Square Thru / <i>Left Square Thru</i> 22. Split Two 23. Grand Square 24. Double Pass Thru 25. First Couple Go Left/Right, Next Couple Go Right/Left 26. Wheel and Deal 27. California Twirl 28. Slide Thru 29. Dive Thru 30. Box the Gnat 31. Ocean Wave Family a. Alamo Style b. Balance c. Step to a Wave d. <i>Dosado to a Wave</i> e. <i>Single Circle to a Wave</i> 32. Trade Family a. Couples Trade b. (Named Dancers) Trade c. Right/Left Hand Trade d. Partner Trade 33. Swing Thru / <i>Left Swing Thru</i> 34. Run / <i>Cross Run</i> 35. Pass the Ocean 36. Extend 37. Flutterwheel / Reverse Flutterwheel 38. Sweep a Quarter 39. Trade By 40. Ferris Wheel 41. Zoom 42. Touch a Quarter 43. Hinge Family a. Single Hinge b. Couples Hinge 44. Centers In 45. Cast Off Three-Quarters 46. Spin the Top 47. Scoot Back 48. Fold / Cross Fold 49. Tag the Line Family a. Tag the Line (In / Out / Left / Right) b. Fraction (1/4, 1/2, 3/4) Tag 50. Recycle (from Waves only) It is suggested that calls in italics be delayed until later in the teaching sequence. See details in the <i>(New) Mainstream Teaching Guide</i>.
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It is recommended that the Mainstream Program should be taught in no less than 30 hours of instruction (15 two-hour classes or 20 ninety-minute classes).

CALLERLAB (NEW) MAINSTREAM SUGGESTED TEACHING ORDER

by Lesson

#	Calls Included		
1	1a. Circle Left/Right (1/4, 1/2, 3/4, Full) 2b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full) 3c. Single Circle Left/Right (1/4, 1/2, 3/4, Full) 2. Dosado 3a. Couples Promenade 3b. Single File Promenade 3d. Wrong Way Promenade 4a. Right/Left Arm Turn 4b. Allemande Left/Right 5. Star Right/Left 6a. Right and Left Grand 6b. Weave the Ring 6c. Wrong Way Grand 7. Pass Thru	7	28. Slide Thru 29. Dive Thru 30. Box the Gnat
		8	31a. Alamo Style 31b. Balance 31c. Step to a Wave 31d. Dosado to a Wave 18c. All Eight Circulate
		9	32a. Couples Trade 32b. (Named Dancers) Trade 32c. Right/Left Hand Trade 32d. Partner Trade
		10	33. Swing Thru 34. Run 35. Pass the Ocean 36. Extend
2	8. Wheel Around/Reverse Wheel Around 9. Courtesy Turn 10. Right and Left Thru 11. Swing 12a. Ladies Chain, (Ladies Chain 3/4) 12b. Four Ladies Chain, (Chain 3/4)	11	37. Flutterwheel / Reverse Flutterwheel 38. Sweep a Quarter 39. Trade By 31e. Single Circle to a Wave
		12	40. Ferris Wheel 41. Zoom 42. Touch a Quarter 43a. Single Hinge
3	13c. Ladies In, Men Sashay 14a. U-Turn Back 14b. Backtrack 15a. Separate 15b. Separate Around 1 or 2 to a Line 15c. Separate Around 1 or 2 into the middle	13	43b. Couples Hinge 19d. Single File (Column) Circulate 44. Centers In
		14	45. Cast Off Three-Quarters 46. Spin the Top 19e. Box/Split Circulate
4	16. Lead Right / Lead Left 17. Veer Left / Veer Right 12c. Chain Down the Line 18. Star Thru 19a. Couples Circulate 19b. (Named Dancers) Circulate 20. Bend the Line	15	47. Scoot Back 48. Fold 49a. Tag the Line (In / Out / Left / Right)
		16	48. Cross Fold 50. Recycle (from Waves only)
5	13a. Half Sashay 21. Square Thru 22. Split Two 3c. Star Promenade 13b. Rollaway	17	34. Cross Run
		18	[49b.] Fraction (1/4, 1/2, 3/4) Tag 21. Left Square Thru
6	23. Grand Square 24. Double Pass Thru 25. First Couple Go Left/Right, Next Couple Go Right/Left 26. Wheel and Deal 27. California Twirl	19	33. Left Swing Thru 8. Reverse Wheel Around
		20	Review

CALLERLAB MAINSTREAM TEACHING CHECK LIST

Based on Suggested Teaching Order by Lesson (Draft)

Club: _____

Instructor: _____

Start: _____

Complete: _____

Students Started: _____

Graduated: _____

[illegible]

[illegible]

SUGGESTIONS FOR USE OF CHECK OFF LIST:

Put an X in the box corresponding to the movement and the lesson night it was introduced.

Put an X in the box corresponding to the movement and the lesson night it was next called and workshopped.

Put a / in the boxes when the movement is danced without difficulty and thereafter to keep track of calling the movement.

NOTE: Calls in italics (shown in brackets) may be deferred until later in the teaching order. Sub-items are indented.

It is recommended that the Mainstream Program should be taught in no less than 30 hours of instruction (15 two-hour classes or 20 ninety-minute classes).

Mainstream

Lesson #1	
Calls to Review: None	Calls to Teach: - Circle Family (1/4, 1/2, 3/4, Full) - Circle Left/Right - Circle Four - Single Circle - Dosado - Promenade Family - Couples Promenade <i>Single File Promenade</i> <i>Wrong Way Promenade</i> - Arm Turn Family - Right/Left Arm Turn - Allemande Left/Right - Star Right/Left - Right and Left Grand Family - Right and Left Grand - Weave the Ring - Wrong Way Grand - Pass Thru
Naming Conventions: - Square - Home - Couple Names/Numbers - Partner - Corner - Opposite Gent/Lady - Right Hand Lady Honors - Bow to Partner/Corner - Thank your Square	Directions and Rules: - Forward and Back/Up to the Middle and Back - Face: Partner, Corner, Right, Left, In, Out - All Join Hands - Handholds - Promenade Position and Direction - Counter Dancing during Couples Promenade - Step Thru - Come Down the Middle/Come into the Middle - Passing Rule

Mainstream

Instructional Sequences by Call

Terms and Conventions to incorporate:

- a. *Naming Conventions*
 - *Square*
 - *Home*
 - *Couple Names/Numbers*
 - *Boys/Men/Gents;*
Girls/Women/Ladies
 - *Partner*
 - *Corner*
 - *Opposite Gent/Lady*
 - *Right Hand Lady*
- b. *Honors*
 - *Bow to Partner/Corner*
 - *Thank your Square*
- c. *Directions*
 - *Forward and Back/Up to the Middle and Back*
 - *Face: Partner, Corner, Right, Left, In, Out*
 - *All Join Hands*
 - *Handholds*
 - *Promenade Position and Direction*
 - *Counter Dancing during Couples Promenade*
 - *Step Thru*
 - *Come Down the Middle/Come into the Middle*
 - *Passing Rule*

1. Circle Family

a. Circle Left/Right (1/4, 1/2, 3/4, Full)

Bow to your Partner
Bow to your Corner
All Join Hands, Circle Left all the way around, stop at home

All Join Hands, Circle Right all the way around, stop at home

All Join Hands, Circle Left 1/2
Circle Right 1/2, stop at home

All Join Hands, Circle Left 3/4
Circle Right 3/4, stop at home
All Join Hands, Circle Left 1/4
Circle Right 1/4, stop at home

All Join Hands, Circle Left
Stop at home

All Circle Right 1/2
All Circle Left 3/4
All Circle Right 1/4
Stop at home

b. Circle Four (1/4, 1/2, 3/4, Full)

Heads Go Forward and Back
Heads Circle Four - Full Around
Back out at home

Heads Come into the Middle
Circle Right Four – Full Around
Back out at home

Mainstream

Heads Come into to the Middle
Circle Four 1/2 and back away
Heads Come into to the Middle
Circle Four 1/2 and back away
All Join Hands, Circle Left
Stop at home

Heads Come into to the Middle
Circle Right Four 1/2, back away
Sides Come into to the Middle
Circle Right Four 1/2, back away
All Join Hands, Circle Right
Stop at home

*(Note to clarify to dancers:
The command "Circle", without a given
direction, defaults to left.*

*Callers will say "Reverse" or "Right" to
tell the dancers to circle to the right.)*

c. Single Circle (1/4, 1/2, 3/4, Full)

Heads Come into the Middle
Single Circle a full turn
Back out at home

Heads Come into the Middle
Single Circle Right a full turn
Back out at home

Sides Come into the Middle
Sides Single Circle 1/2, back away
Heads Single Circle 1/2, back away
Sides Single Circle Right 1/2
Back out at home
Heads Single Circle Right 1/2
Back out at home

2. Dosado

Teach:

- *Face Partner / Corner*
- *Face In / Out / Right / Left*

All face your Partner, Dosado
All face your Corner, Dosado
Square your Set

Heads Forward and Back
Heads into the middle, Dosado
Back out at home
Sides Forward and Back
Sides into the middle, Dosado
Back out at home
All face Corner, Dosado
Square your Set

3. Promenade Family

Teach: Promenade Direction

a. Couples Promenade

Circle Right, all face right
Walk forward single file, all stop
Boys move up next to left side of
Partner
(Teach Promenade position)
Promenade home.

*(Teach Counter Dancing during
Named Couples Promenade)*

Heads Promenade 1/2
Sides Promenade 1/2
All Join Hands, Circle Left/Right 1/2
Stop when you get back home.

Mainstream

b. Single File Promenade

All Join Hands, Circle Right
Drop Hands, face right
Single File Promenade
Boys move up to the left of your Partner
Promenade

Boys Promenade
Back out at home.

c. Wrong Way Promenade

All Join Hands, Circle Left
Drop hands
Wrong Way Single File Promenade
Girls move up inside of your Partner
All Wrong Way Promenade

Heads Wrong Way Promenade 1/2
Come Into the Middle
Circle Four 1/2
Back out at home

4. Arm Turn Family

a. Right/Left Arm Turn

Teach: Step Thru

All Face Partner
Turn your Partner 1/2 by the Right
Step Thru, Turn Corner 1/2 Left
Step Thru, Face In at home

Heads Turn Your Opposite by the
Right a Full Turn
Back out at Home
Square your set

All Face your Corner
Arm Turn 1/2 by the right
Step Thru
Turn your Partner 1/2 by the Left Step
Thru
Turn Corner 1/2 by the Right
Step Thru, Face In at home

b. Allemande Left/Right

All Face your Corner, Allemande Left
With your Partner Allemande Right
Back to Corner, Allemande Left
Come back to Partner
Promenade

All Join Hands, Circle Left 1/2
Face your Corner, Allemande Left
Back to your Partner, Allemande
Right
Back to your Corner, Allemande Left
Dosado your Partner
Promenade

5. Star Right/Left

Girls/Boys make a Right-Hand Star
Turn it full around
Back out at Home
Girls/Boys make a Left-Hand Star
Turn it a full around
Back out at home

Girls/Boys make a Right-Hand Star
Turn it 1/2, turn around
Make a Left-Hand Star 1/2
Back out at home

Boys make a Right-Hand Star
Meet your Corner and Allemande Left
Dosado with your Partner
Promenade

Mainstream

6. Right and Left Grand Family

a. Right and Left Grand

Face Partner, Right and Left Grand
Meet Partner, Dosado
Promenade

All Join Hands and Circle Left
Allemande Left
Right and Left Grand
Meet Partner, Dosado
Promenade

All Join Hands, Circle Left
Boys make a Right-Hand Star
Meet your Corner, Allemande Left
Right and Left Grand
Meet your Partner, Promenade

b. Weave The Ring

Allemande Left, Right and Left Grand
Meet Your Partner, Weave the Ring
Meet Partner, Promenade

Join Hands and Circle Left
Allemande Left, Weave the Ring
Meet Partner, Dosado
Weave the Ring
Meet your Partner, Promenade

Heads Star Right
Meet your Corner, Allemande Left
Weave the Ring
Meet your Partner, Dosado
Promenade

c. Wrong Way Grand

Face Partner
Single Circle Left 1/2
Wrong Way Grand
Meet your Partner, Right pull by
Allemande Left, Promenade

All Join Hands, Circle Left
Allemande Left
With your Partner, Single Circle 1/2
Wrong Way Grand, Meet Partner
Wrong Way Promenade

All Join Hands, Circle Left
Allemande Left
Single Circle 1/2, Wrong Way Grand
Meet your Partner, Right pull by
Allemande Left Promenade

7. Pass Thru

(Teach Passing Rule)

Heads Pass Thru
Same four Promenade home
All face your Partner, Pass Thru
With the one you are facing
Right Arm Turn 1/2
Go back to your Partner, Pass Thru
Square your Set

Mainstream

Patter: Standard Applications

Bow To Your Partner, Bow to Your
Corner, Circle Left
Left Allemande, Dosado with your
Partner
Back to your Corner, Left Allemande
Right and Left Grand, Promenade

Men Star Right a Full Turn, find the
Corner, Allemande Left
Weave the Ring, Dosado, Promenade

Head Promenade 1/2
into the middle Circle Four 1/2
Heads back out at home
Sides Promenade 1/2, into the middle
Circle Four 1/2
Sides back out at home
All back out, Circle Left
Allemande Left, Right and Left Grand
Promenade

Heads Promenade 3/4
Sides Circle Right 3/4
All Circle Right,
Boys Star Left
Meet your Partner, Dosado
Promenade

Allemande Left your Corner,
Allemande Right your Partner
Allemande Left, Face In, All Join
Hands Circle Left
Boys Star Right, find the Corner,
Allemande Left
Promenade

Sides Single Circle 1/2, Sides back out
Heads Single Circle 1/2, Heads back
out
Sides Single Circle 1/2, Sides back out
Head Single Circle 1/2, Heads back
out
All Circle Left, Left Allemande,
Promenade

Mainstream

Singing Call Figures

Opener/Middle Break/Closer

All Circle Left 1/2
Circle Right to Home
All Forward and Back
Face your Corner, Allemande Left
Face Your Partner, Dosado,
Promenade

All Join Hands, Circle Right 1/2
Drop hands and
Single File Promenade Home
Four Girls into the middle and Circle
Left, back out at home
Four Boys Promenade Inside
Meet your Partner, Promenade

Figure – (No Partner Progression)

Heads Promenade 1/2 way,
Come into the Middle Circle Left 1/2,
back out at home
Sides Promenade 1/2
Come into the Middle Circle Left 1/2,
back out at home
Face your Corner, Allemande Left
Dosado, Promenade

Heads into the middle and Dosado
opposite
Sides Promenade 1/2, Heads back
away
Sides into the middle and Dosado
opposite
Heads Promenade 1/2, Sides back
away
Circle Left, Allemande Left,
Promenade

Figure – (Corner Progression)

Heads Promenade 3/4, Sides Circle
Four 3/4 and back away
Original Sides Promenade 3/4,
Original Heads Circle Four 3/4 and
back away

All face your Partner, Allemande
Right
Take your Corner and Promenade

Heads Forward and Back
Heads Circle Four once around, back
out at home
Sides Forward and Back
Sides Circle Four once around, back
out at home
Face your Corner, Dosado,
Face your Partner, Dosado
Face your Corner, take your Corner
and Promenade

Mainstream

Lesson #2

Calls to Review:

1. Circle Family (1/4, 1/2, 3/4, Full)
 - a. Circle Left/Right
 - b. Circle Four / *Reverse Circle Four*
 - c. Single Circle / *Reverse Single Circle*
2. Dosado
3. Promenade Family
 - a. Couples Promenade
 - b. *Single File Promenade*
 - c. *Wrong Way Promenade*
4. Arm Turn Family
 - a. Right/Left Arm Turn
 - b. Allemande Left/Right
5. Star Right/Left
6. Right and Left Grand Family
 - a. Right and Left Grand
 - b. Weave the Ring
 - c. Wrong Way Grand
7. Pass Thru

Calls to Teach:

8. Wheel Around
9. Courtesy Turn
10. Right and Left Thru
11. Swing
12. Ladies Chain Family
 - a. Ladies Chain, (Ladies Chain 3/4)
 - b. Four Ladies Chain, (Four Ladies Chain 3/4)

Mainstream

Instructional Sequences by Call

8. Wheel Around

(Reverse Wheel Around delayed until later in the Teaching Order)

Heads Pass Thru, Wheel Around
Sides Pass Thru, Wheel Around
Heads Pass Thru, Wheel Around
Sides Pass Thru, Wheel Around
Back away at home

Heads Promenade 1/2
Come into the Middle
Pass Thru and Wheel Around
Sides Promenade 1/2
Come into the Middle
Pass Thru and Wheel Around
Back away at home

Heads Circle Four 1/2
Heads Pass Thru and Wheel Around
Sides Circle Four 1/2
Sides Pass Thru and Wheel Around
Everyone is home

9. Courtesy Turn

Heads Pass Thru and Courtesy Turn
Sides Pass Thru and Courtesy Turn
All Circle Left 1/2, Stop at home

Hds/Sds Promenade 1/2
Come into the Middle
Pass Thru and Courtesy Turn
Back away at home

10. Right and Left Thru

Heads Right and Left Thru
Sides Right and Left Thru
Heads Right and Left Thru
Sides Right and Left Thru
Back away at home

Hds/Sds Promenade 1/2
Down the Middle
Right and Left Thru
Back away at home

Heads Right and Left Thru
Sides Right and Left Thru
Circle Left, Allemande Left
Promenade

Heads Circle Four 3/4, Pass Thru
All Circle Four 3/4,
Right and Left Thru
Pass Thru and Wheel Around
Right and Left Thru
Circle Left, Allemande Left
Promenade

11. Swing

All Join Hands, Circle Left
Allemande Left, Swing Partner
Promenade

Sides Promenade 1/2
Down the Middle, Right and Left Thru
Back out to Home
Heads Promenade 1/2
Down the Middle, Right and Left Thru
Back out at Home
Circle Left, Allemande Left
Swing, Promenade

Mainstream

12. Ladies Chain Family

a. Ladies Chain, Ladies Chain 3/4

Head Ladies Chain,
Head Ladies Chain back home
Side Ladies Chain
Side Ladies Chain back home
Head Ladies Chain
Side Ladies Chain
Head Ladies Chain
Side Ladies Chain
Back away at home

Heads Right and Left Thru
Head Ladies Chain
Sides Right and Left Thru
Side Ladies Chain
Heads Right and Left Thru
Head Ladies Chain
Sides Right and Left Thru
Side Ladies Chain
Back away at home

Heads Circle Four 3/4, Pass Thru
All Circle Four 3/4
Right and Left Thru
Ladies Chain
Pass Thru and Wheel Around
Ladies Chain, Right and Left Thru
Circle Left, Allemande Left
Promenade

b. Four Ladies Chain Four Ladies Chain 3/4

Four Ladies Chain
Four Ladies Chain home
Four Ladies Chain 3/4
Four Ladies Chain 3/4
Four Ladies Chain 1/2
Back away at home

Heads Promenade 1/2
Sides Right and Left Thru and back
away
Four Ladies Chain 3/4
Four Ladies Chain 3/4
Four Ladies Chain 1/2
Promenade

Heads Right and Left Thru
Sides Right and Left Thru
Four Ladies Chain
Four Ladies Chain 3/4
Four Ladies Chain 3/4
Circle Left, Allemande Left
Swing, Promenade

Mainstream

Patter: Standard Applications

Heads Promenade 1/2
Down the Middle, Pass Thru
Wheel Around, back away
Sides Promenade 1/2
Down the Middle, Pass Thru
Wheel Around, back away
Circle Left, Allemande Left
Weave the Ring, Swing, Promenade

Heads Promenade 3/4
Sides Right and Left Thru
Centers Pass Thru, Circle Four 3/4,
Forward and Back
Ladies Chain, Right and Left Thru
Ladies Chain, Pass Thru
Wheel Around
Circle Left, Allemande Left
Swing, Promenade

Heads Circle Four 3/4, Pass Thru
All Circle Four 3/4
Pass Thru and Wheel Around
Ladies Chain, Right and Left Thru
Ladies Chain
Pass Thru and Wheel Around
Forward and Back
Circle Left, Left Allemande
Swing, Promenade

Heads Circle Four 3/4 and Pass Thru
All Pass Thru and Wheel Around
Reverse Circle Four 3/4
Pass Thru, Wheel Around
Forward and Back
Circle Left, Left Allemande
Weave the Ring, Swing, Promenade

Sides Circle Four 3/4 and Pass Thru
Circle Four 3/4, Pass Thru
Wheel Around,
Forward and Back
Single Circle full around,
All join hands Circle Left, Left
Allemande, Promenade

Head Ladies Chain
Side Ladies Chain
Four Ladies Chain
Four Ladies Chain 3/4
Heads position Right and Left Thru
and back away
Sides position Right and Left Thru
and back away
Four Ladies Chain
Four Ladies Chain 3/4, Promenade

Heads Circle Four 3/4, Pass Thru
All Circle Four 3/4
Forward And Back
Pass Thru, Wheel Around
Ladies Chain
Pass Thru, Wheel Around
Ladies Chain
Right and Left Thru, Circle Left
Allemande Left, Promenade

Mainstream

Patter: Standard Applications with Variety

Heads Pass Thru, Wheel Around
Sides Pass Thru, Wheel Around
All Join Hands and Circle Left
Allemande Left, Weave the Ring
Promenade

All Four Couples Promenade 1/2
Four Ladies Chain
Join Hands and Circle Left
Allemande Left with (new) Corner,
Right Allemande your (new) Partner
Back to your Corner, Allemande Left
Right and Left Grand
On the third hand, Promenade
original Partner

All Face Partner and Allemande Right
To the Corner Allemande Left
Pass Partner to the next one and Left
Arm Turn
Back to your Partner and Pass your
Partner
Right Allemande your Corner
Boys Star Left
With your original Partner Right and
Left Grand
Swing, Promenade

Boys Star Left,
Find Partner and Allemande Right,
Pass Thru with Corner
Allemande Left with the next person
Pass Thru with Corner
Right and Left Grand
Promenade Home.

Boys Star Left
Girls Wrong Way Promenade the
outside
Meet Partner Right and Left Grand
Swing, Promenade

Four Ladies Chain
All Forward and Back
Heads Reverse Circle Four 3/4
Centers Pass Thru, Dosado
Circle Four 3/4, Dosado
All Join Hands and Circle Left
New Corner Allemande Left
Weave the Ring Pass two people
Swing original Partner
Promenade

Mainstream

Singing Call Figures

Opener/Middle Break/Closer

Circle Left 1/2
Allemande Left Your Corner
Turn Partner by the Right
Allemande Left Corner
Right and Left Grand
Dosado, Promenade

Four Ladies Chain Across
Chain them back home
Circle Left
Allemande Left, Weave the Ring
Swing, Promenade

Figure – (Corner Progression)

Heads Pass Thru and Wheel Around
Head Ladies Chain, and back away
Sides Pass Thru and Wheel Around
Side Ladies Chain, and back away
Four Ladies Chain
Four Ladies Chain 3/4
Promenade

Heads Right and Left Thru, back away
Sides Right and Left Thru, back away
Heads Pass Thru
Wheel Around, and back away
Sides Pass Thru,
Wheel Around, and back away
Four Ladies Chain 3/4
Promenade

Head Ladies Chain, Side Ladies Chain
Four Ladies Chain
Four Ladies Chain 3/4
Promenade

Four Ladies Chain 3/4,
Head Promenade 1/2
Sides Promenade 1/2
Allemande Left, Dosado
Swing, Promenade

Mainstream

Lesson #3

Calls to Review:

- 8. Wheel Around
- 9. Courtesy Turn
- 10. Right and Left Thru
- 11. Swing
- 12. Ladies Chain Family
 - a. Ladies Chain, (Ladies Chain 3/4)
 - b. Four Ladies Chain, (Four Ladies Chain 3/4)

Calls to Teach:

- 13. Half Sashay Family
 - c. Ladies In / Men Sashay
- 14. Turn Back Family
 - a. U-Turn Back
 - b. Backtrack
- 15. Separate Family
 - a. Separate
 - b. Separate Around 1 or 2 to a Line
 - c. Separate Around 1 or 2 Come into the Middle

Mainstream

Instructional Sequences by Call

13c. Ladies In / Men Sashay

Four Ladies Chain, Circle Left
Ladies In / Men Sashay
Ladies In / Men Sashay
Left Allemande
Right and Left Grand, Promenade

Four Ladies Chain 3/4
Four Ladies Chain 3/4
Circle Left
Ladies In / Men Sashay
Ladies In / Men Sashay
Allemande Left, Swing
Promenade

14a. U-Turn Back

Heads Pass Thru and U-Turn Back
Sides Pass Thru and U-Turn Back
Heads Pass Thru and U-Turn Back
Sides Pass Thru and U-Turn Back
Home

Heads Pass Thru and U-Turn Back
Sides Pass Thru and U-Turn Back
Circle Left, Ladies In / Men Sashay
Circle Left, Allemande Left
Promenade

14b. Backtrack

All Face Right
Promenade Single File
Ladies Backtrack
Meet your Partner, Swing
Promenade

All Face Right
Promenade Single File
Men Backtrack, Pass your Partner
Right Arm Turn your Corner
Left Arm Turn your Partner
Keep them and Promenade

Circle Left, Allemande Left
Promenade keep moving
Ladies Backtrack
Meet your Partner, Right and Left Grand
Swing, Promenade

15a. Separate /

15b. Separate Around 1 or 2 to a Line

Heads Pass Thru and U-Turn Back
Heads Pass Thru
Heads Separate Around 1 to a Line
Circle Left
Allemande Left new Corner, Pass One
Promenade Original Partner

Heads Promenade 1/2
Come into the Middle, Pass Thru
Heads Separate Around 2 to a Line
Pass Thru, U-Turn Back
Join Hands and Circle Left
Ladies In / Men Sashay
Circle Left, Allemande Left
Promenade

Mainstream

15c. Separate Around 1 or 2 Come into the Middle

Teach:

*Clarify Counter Dancing
in terms of dancing Separate*

Heads Promenade 1/2
Down the Middle, Pass Thru
Heads Separate Around 1
Come into the Middle and Swing
-- (the person in front of you)
Face In, Square Your Set

Heads Promenade 1/2
Heads Pass Thru
Heads Separate Around 1
Come Into the Middle, Pass Thru
Allemande Left, Square Your Set

Heads Pass Thru
Separate Around 2, Come into the
Middle
Centers Make a Right-Hand Star
Turn it to your Corner,
Allemande Left, Dosado, Promenade

Heads Pass Thru,
Heads Separate Around 1
Come into the Middle and Pass Thru
All Pass Thru
Heads Separate Around 1
Come into the Middle, Pass Thru
Separate Around 1
Come into the Middle, Pass Thru,
Allemande Left, Square Your Set

Mainstream

Patter: Standard Applications

All Four Ladies Chain
Circle Left, Ladies In / Men Sashay
Ladies In / Men Sashay
Allemande Left, Weave the Ring
Swing, Promenade

Heads Right and Left Thru
Head Ladies Chain
Sides Right and Left Thru
Side Ladies Chain, All Circle Left
Ladies In / Men Sashay
Ladies In / Men Sashay
Allemande Left
Promenade

Heads Pass Thru and U-Turn Back
Sides Pass Thru and U-Turn Back
Heads Circle Four 3/4 and Pass Thru
All Reverse Circle Four 1/4
Pass Thru, All U-Turn Back
Allemande Left, Promenade

Heads Single Circle 1/2
Heads Pass Thru and Step Ahead
Sides Single Circle 1/2
Sides Pass Thru and Step Ahead
All U-Turn Back
Back away at home

Heads Circle Four 3/4
Pass Thru, All Circle Four 3/4
Pass Thru, All U-Turn Back
Join Hands and Circle Left
Ladies In / Men Sashay
Allemande Left, Promenade

Heads Pass Thru
Separate Around 2 to a Line
Pass Thru, U-Turn Back
Pass Thru, All Face Left
Promenade Single File
Girls Backtrack
Turn Partner Right Arm Turn,
Allemande Left, Promenade

Heads Pass Thru
Separate Around 2 and Come into the
Middle
Right and Left Thru, Pass Thru
Separate Around 1 and Come into the
Middle Pass Thru, Allemande Left
Square Your Set

Heads Pass Thru
Separate Around 1 and Come into the
Middle
Right and Left Thru, Centers Pass
Thru
All Right and Left Thru
Reverse Circle Four 1/2, Allemande
Left Right and Left Grand
Promenade

Side Ladies Chain, Heads Pass Thru
Heads Separate Around 1 to a Line
Center Four Pass and U-Turn Back
All Right and Left Thru, Ladies Chain
Join Hands Circle Left
Allemande Left, Promenade

Mainstream

Patter: Standard Applications with Variety

Wheel Around

Allemande Left, Promenade keep moving
Heads Wheel Around (to face the Sides)
All Right and Left Thru, Ladies Chain
Right and Left Thru, Ladies Chain
Promenade

Ladies in Men Sashay

Heads Circle Four 3/4, Centers Pass Thru
All Circle Four 1/4, Pass Thru
U-Turn Back, Go Forward and Back, Circle Left
Ladies In / Men Sashay
Allemande Left, Promenade

Separate

Four Ladies Chain
Heads Separate, Sides Step Forward
All Pass Thru, U-Turn Back
Allemande Right your Partner
Back to your Corner, Allemande Left
Promenade

Heads Promenade 1/2 way
Sides Pass Thru and U-Turn Back, All Circle Left
Four Men Come into the Middle and Pass Thru
Separate Around 2 to a Line
Go Forward and Back
Join hands Circle Left
Original Sides Ladies In / Side Men Sashay
Allemande Left, Promenade

U-Turn Back

Sides Promenade 1/2
Heads Pass Thru and U-Turn Back
All Circle Left
Four Girls Come into the Middle and Pass Thru
Separate Around 2 to a Line
Go Forward and Back.
Four Men Right Hand Star to Corner
Allemande Left
Promenade

Heads Right and Left Thru
Sides Pass Thru and U-Turn Back
All Circle Left
Four Boys Come into the Middle and Pass Thru, Boys Wheel Around
Four Girls Pass Thru
Girls Wheel Around
Four Boys Right Hand Star to Corner, Allemande Left
Promenade

Heads Pass Thru and U-Turn back,
Heads Pass Thru and Separate
Around 1 and Come into the Middle
Centers Right Arm Turn 1/2 back to your Corner
Allemande Left, Promenade

Single File Promenade

All Four Ladies Chain Across
All Circle Left
Ladies In / Men Sashay
Drop Hands go Single File
Girls U-Turn Back
Wrong Way Grand
Right Pull By with your Partner
Allemande Left, Promenade

Mainstream

Singing Call Figures

Opener/Middle Break/Closer

Circle Left, All Circle Right
Go Single File, Girls Backtrack
Meet Partner
Turn Partner by the Right
Allemande Left your Corner
Promenade

Circle Right, Circle Left
Drop hands go Single File
Girls Back Track and pass Partner
Second time you meet Partner
Left Arm Turn
Keep Partner, Promenade.

Circle Left, Girls Star Right,
Pickup your Partner Star Promenade
Boys Backtrack once around
Turn your Partner Left Arm Turn
Corner Right Arm Turn to Partner
Promenade

Figure – (No Progression)

All Circle Left
Ladies In, Men Sashay
Circle Left
Men In, Girls Sashay
Allemande Left, Right and Left Grand
Swing, Promenade

All Four Ladies Chain Across
Circle Left,
Ladies In, Men Sashay, Circle Left
Ladies In, Men Sashay
Allemande Left, Weave The Ring
Dosado, Swing
Promenade

Figure – (Corner Progression)

All Four Ladies Chain Across
Four Ladies Chain 3/4, Circle Left
Ladies In, Men Sashay
Ladies In, Men Sashay
Allemande Left, Promenade

All Promenade, don't stop
Put Ladies in front, Single File
Promenade Girls Backtrack,
Find your Corner and Dosado
Right and Left Grand
Swing, Promenade

Heads Circle Right 3/4 and Pass Thru
All Pass Thru,
Heads Separate Around 1
Come into Middle
Centers Circle Four 3/4 and Pass Thru
Dosado, Swing, Promenade

Heads Promenade 1/2
Heads Down the Middle and Pass
Thru
Heads Separate Around 1
Come into the Middle and Pass Thru
Dosado, Pass Thru, Allemande Left
Swing, Promenade

Mainstream

Lesson #4	
Calls to Review: 13. Half Sashay Family c. Ladies In, Men Sashay 14. Turn Back Family a. U-Turn Back b. Backtrack 15. Separate Family a. Separate b. Separate Around 1 or 2 to a Line c. Separate Around 1 or 2 Come into the Middle	Calls to Teach: 16. Lead Right / Lead Left 17. Veer Left / Veer Right 18. Star Thru <i>12c. Chain Down the Line</i> 19. Circulate a. Couples Circulate b. (Named Dancers) Circulate 20. Bend the Line
	Naming Conventions: • Centers • Ends • Outsides

Mainstream

Instructional Sequences by Call

16. Lead Right / Lead Left

Heads Lead Right, Dosado
Circle Left 3/4
All Join Hands, Circle Left
Allemande Left, Promenade

Heads Lead Left, Reverse Circle 3/4
Forward and Back
Two Ladies Chain,
Two Ladies Chain back
All Circle Left
Allemande Left, Promenade

Four Ladies Chain
Heads Lead Left
Reverse Circle 3/4
All Forward and Back
Two Ladies Chain
Pass Thru, Courtesy Turn
Pass Thru, Wheel Around
Ladies Chain
Circle Left
Ladies In, Men Sashay
Ladies In, Men Sashay
Allemande Left
Promenade

17. Veer Left / Veer Right

Heads Lead Right, Veer Left
Heads Wheel Around
Right and Left Thru
Circle Left, Left Allemande
Promenade

Heads Lead Right
Circle Left 1/2, Veer Left, Veer Right
Centers Right and Left Thru
Centers Veer Left and Veer Right
Ends (Outsides) Wheel Around
Pass Thru

Ends (Outsides) Wheel Around
Centers Veer Right and Veer Left
Circle Left 1/2, Veer Left
Wrong Way Promenade

18. Star Thru

Heads Promenade 1/2
Same Four Star Thru
Centers Pass Thru
Allemande Left
Promenade

Heads Star Thru
Centers Pass Thru
Star Thru, Forward and Back
Star Thru, Pass Thru
Centers Star Thru
Ends (Outsides) Wheel Around
Home

Heads Lead Right, Star Thru
Forward and Back, Star Thru
Right and Left Thru, Veer Left
Chain Down the Line, Star Thru
Forward and Back, Star Thru
Ladies Chain, Circle Left
Allemande Left
Promenade

12c. Chain Down The Line

Heads Circle Left 3/4
Same Four Veer Left
Chain Down the Line
Heads Ladies Chain Home

Mainstream

Heads Lead Right, Veer Left
Chain Down the Line
Right and Left Thru
Ladies Chain, Circle Left
Allemande Left
Promenade

Heads Circle Left 3/4
Centers Pass Thru, Circle Left 1/2
Veer Left, Chain Down the Line
Star Thru, Right and Left Thru
Veer Left, Chain Down the Line
Star Thru, Right and Left Thru
Veer Left, Couples Circulate
Chain Down the Line
Right and Left Thru
Ladies Chain, Circle Left
Allemande Left, Promenade

19a. Couples Circulate

Heads Lead Right
Right and Left Thru, Veer Left
Couples Circulate
Couples Circulate
Chain Down The Line
Ladies Chain, Circle Left
Allemande Left
Promenade

Heads Lead Right, Veer Left
Couples Circulate
Sides Wheel Around, Pass Thru
Heads Wheel Around
Couples Circulate, Bend the Line
Right and Left Thru, Star Thru
Pass Thru, Allemande Left
Promenade

Four Ladies Chain
Heads Star Thru, Centers Pass Thru
Right and Left Thru, Veer Left Couples
Circulate,
Chain Down the Line, Star Thru
Right and Left Thru, Veer Left
Couples Circulate
Chain Down the Line
Pass Thru, Wheel Around
Star Thru, Allemande Left
Promenade

19b. (Named Dancers) Circulate

Teach:
- Centers, Ends, Outsides, Insides

Heads Lead Right
Right and Left Thru, Veer Left
Boys (Ends) Circulate
Couples Circulate
Girls (Centers) Circulate
Couples Circulate
Girls Circulate, Boys Circulate,
Wrong Way Promenade

Heads Lead Right, Veer Left
Boys Circulate, Girls Circulate
Couples Circulate, Girls Circulate
Boys Circulate, Chain Down the Line
Ladies Chain, Star Thru
Pass Thru, Allemande Left
Promenade

Heads Lead Right,
Right and Left Thru, Veer Left
Boys Circulate twice
Girls Circulate once
Boys Circulate once
Girls Circulate twice
Wrong Way Promenade

Mainstream

20. Bend the Line

Heads Right and Left Thru
Heads Lead Left, Veer Right
Couples Circulate, Bend the Line
Ladies Chain, Star Thru
Right and Left Thru, Veer Left
Couples Circulate, Bend the Line
Circle Left, Allemande Left
Promenade

Heads Ladies Chain
Heads Lead Left, Veer Right
Couples Circulate, Bend the Line
Ladies Chain, Star Thru
Right and Left Thru, Veer Left
Couples Circulate, Boys Circulate
Chain Down The Line, Pass Thru
Bend the Line, Circle Left
Allemande Left
Promenade

Heads Right and Left Thru
Lead Left, Veer Right
Couples Circulate, Bend the Line
Ladies Chain, Star Thru
Right and Left Thru, Veer Left
Couples Circulate, Bend the Line
Circle Left, Allemande Left
Promenade

Heads Lead Right,
Right and Left Thru, Veer Left
Couples Circulate, Bend the Line
Pass Thru, Bend the Line
Star Thru, Right and Left Thru
Veer Left, Couples Circulate
Bend the Line, Pass Thru
Bend the Line, Right and Left Thru
Star Thru, Dosado, Veer Left
Wrong Way Promenade

Mainstream

Patter: Standard Applications

Heads Star Thru,
Centers Pass Thru,
Right and Left Thru, Veer Left
Boys Circulate, Chain Down the Line
Pass Thru, Bend the Line,
Forward and Back, Star Thru
Right and Left Thru, Veer Left
Chain Down the Line, Pass Thru
Bend the Line, Circle Left
Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Star Thru, Centers Pass Thru
Right and Left Thru, Veer Left
Boys Circulate, Chain Down the Line
Pass Thru, Bend the Line
Star Thru, Right and Left Thru
Veer Left, Couples Circulate
Bend the Line, Star Thru
Pass Thru, Centers Pass Thru
Ends (Outsides) Wheel Around
Veer Left, Wrong Way Promenade

Heads Ladies Chain
Heads Lead Left, Veer Right
Veer Left, Centers Pass Thru
Ends (Outsides) Wheel Around
Veer Left, Girls Circulate
Chain Down The Line
Circle Left, Allemande Left
Promenade

Heads Circle Left 3/4
Centers Pass Thru, Circle Left 1/2
Veer Left, Chain Down the Line
Pass Thru, Wheel Around
Ladies Chain
Promenade

Heads Lead Right
Circle 1/2, Veer Left
Couples Circulate
Chain Down the Line, Pass Thru
Wheel Around, Ladies Chain
Right And Left Thru, Circle Left
Allemande Left
Promenade

Heads Star Thru
Centers Pass Thru, Dosado, Veer Left
Veer Right, Centers Pass Thru
Ends Wheel Around
Right and Left Thru, Veer Left
Girls (centers) Circulate,
Couples Circulate
Chain Down The Line
Right and Left Thru, Star Thru
Pass Thru, Allemande Left
Promenade

Heads Star Thru, Centers Pass Thru
Right and Left Thru, Veer Left
Couples Circulate
Ends Circulate (boys)
Couples Circulate,
Chain Down the Line
Pass Thru, Bend the Line
Right and Left Thru, Circle Left
Allemande Left
Promenade

Heads, Right and Left Thru
Heads Lead Left, all Veer Right
Boys (centers) Circulate
Couples Circulate, Bend the Line
Ladies Chain, Pass Thru
Bend the Line, Ladies Chain
Star Thru, Allemande Left
Promenade

Mainstream

Heads Pass Thru,
Heads Separate Around 2 To A Line
Pass Thru, U Turn Back
Star Thru, Circle 3/4
Pass Thru, Bend the Line
Right and Left Thru, Star Thru
Right and Left Thru, Veer Left
Girls (centers) Circulate
Chain Down the Line
Ladies Chain, Star Thru
Pass Thru, Allemande Left
Promenade

Heads Lead Right, Veer Left
Couples Circulate
Girls (centers) Circulate
Chain Down the Line, Star Thru
Right and Left Thru, Veer Left
Boys (ends) Circulate
Couples Circulate
Chain Down the Line,
Star Thru, Circle Left 3/4
Right and Left Thru, Allemande Left
Promenade

Mainstream

Patter: Standard Applications with Variety

Head Ladies Chain
Heads Promenade 1/2
Heads Lead Right, Circle Left 3/4
Veer Left, Bend The Line
Allemande Left
Promenade

Heads Circle 1/2, Veer Left
Chain Down the Line
Centers Pass Thru
Allemande Left
Promenade

Heads Star Thru and U-Turn Back
All Pass Thru and Face In
Pass Thru and Bend the Line
Pass Thru, Wheel Around
Star Thru, Centers Pass Thru
Circle Left 1/2 way, Veer Left
Girls Circulate, Couples Circulate
Chain Down The Line
Circle Left, Allemande Left
Promenade

Heads Lead Right, Veer Left,
Veer Right, Centers Pass Thru
Ends (Outsides) Wheel Around
Ladies Chain, Star Thru
Dosado, Veer Left
Chain Down the Line, Star Thru
Circle Left, Allemande Left
Promenade

Mainstream

Singing Call Figures

Opener/Middle Break/Closer

Four Ladies Promenade Inside,
Get Home and Swing with your Man
Join Hands Circle Left
Left Allemande the Corner
Weave the Ring
Swing and Promenade

Four Ladies Chain
Circle Left
Ladies in, Men Sashay
Ladies in, Men Sashay
Left Allemande
Swing and Promenade

Figure – (Corner Progression)

Head Ladies Chain
Heads Promenade 1/2
Heads Lead Right
Circle Four 3/4 Right and Left Thru
Ladies Chain and Promenade

Heads Pass Thru,
Separate Around 1
Come Into The Middle
Centers Right and Left Thru
Centers Veer Left and Veer Right
Allemande Left
Come back and Dosado
Take your Corner and Promenade

Heads Promenade 1/2
Heads Star Thru, Centers Pass Thru
Dosado,
Circle Four All the Way Around
Pass Thru, Allemande Left new corner
Come back and Promenade

Heads Lead Left
Right and Left Thru, Veer Left
Couples Circulate, Bend the Line
Star Thru, Dosado, Pass Thru
Swing your Corner
Promenade

Heads Right and Left Thru
Heads Lead Left
Right and Left Thru, Veer Left
Girls Circulate, Boys Circulate
Bend the Line, Right and Left Thru
Star Thru, Pass Thru
Swing your Corner
Promenade

Mainstream

Lesson #5

Calls to Review:

16. Lead Right / Lead Left

17. Veer Left / Veer Right

12c. Chain Down the Line

18. Star Thru

19. Circulate

a. Couples Circulate

b. (Named Dancers) Circulate

20. Bend the Line

Calls to Teach:

13a. Half Sashay

21. Square Thru

22. Split Two

3c. Star Promenade

13b. Rollaway

Mainstream

Instructional Sequences by Call

13a. Half Sashay

Heads Half Sashay, Heads Pass Thru
Half Sashay and Promenade home
Sides Half Sashay, Sides Pass Thru
Half Sashay and Promenade home

Heads Pass Thru, Sides Pass Thru
All Wheel Around
All Half Sashay - Twice
Circle Left, Allemande Left
Right and Left Grand, Promenade

21. Square Thru

Heads Square Thru
All Square Thru 3
Centers Dosado, Square Thru 2
All Wheel Around
Back away at home

Heads Square Thru 4
Dosado, Star Thru
Square Thru 3
Allemande Left, Promenade

Heads Square Thru 2
Right and Left Thru, Pass Thru
Centers Star Thru
Ends Wheel Around
Back away at home

Heads Square Thru 4
Split Two, Separate Around 1
Come Into the Middle
Star Thru, Square Thru 3
Allemande Left
Right and Left Grand
Promenade

Heads Promenade 1/2
Heads Star Thru
Centers Pass Thru
Square Thru 4
All Wheel Around
Forward And Back
Square Thru 3
All Wheel Around, Square Thru 2
Centers Square Thru 2
All Wheel Around
Back away at home

Heads Square Thru 4
Right and Left Thru, Veer Left
Couples Circulate
Chain Down the Line
Square Thru 2
Ends Wheel Around,
Centers Pass Thru
Allemande Left, Promenade

Heads Lead Right, Star Thru
Square Thru 3, Bend the Line
Square Thru 3, Bend the Line
Right and Left Thru
Ladies Chain,
Circle Left, Allemande Left
Promenade

22. Split Two

Heads Square Thru 4
Split Two, Separate Around 1
Come Into the Middle and Pass Thru
Separate Around 1
Come Into the Middle
Centers Circle 1/2, Centers Pass Thru
Allemande Left
Square your Set

Mainstream

3c. Star Promenade

Boys make a Left-Hand Star
Meet your Partner
Star Promenade

Heads Promenade 1/2
Sides Circle Four 1/2
Boys Star Left
Pickup your Partner, Star Promenade

13b. Rollaway

Four Ladies Chain
Circle Left, Ladies Rollaway
Circle Left, Ladies Rollaway
Allemande Left, Right and Left Grand
Swing, Promenade

Circle Left, 4 Ladies Rollaway
Circle Left, 4 Ladies Rollaway
Face your new Partner, Right and Left
Grand, ONLY 2 Hands (right and left)
Swing your Partner, Promenade

Heads Lead Right, Veer left
Couples Circulate, Bend the Line
Right and Left Thru, Rollaway
Circle Left, Ladies in Men Sashay
Allemande Left, Swing
Promenade

Mainstream

Patter: Standard Applications

Heads Promenade 1/2
Sides Circle Four 1/2
Sides Back Away
Boys Star Left
Pickup your Partner, Star Promenade
Back Out Circle Left
Allemande Left
Face your Partner, Single Circle 1/2
Pass Thru, Allemande Left
Right and Left Grand
Promenade

Heads Promenade 1/2
Heads Circle Four 1/2
Heads back away, Boys Star Left
Pickup your Partner, Star Promenade
All Back out and Circle Left
Allemande Left
Promenade

Heads Square Thru
Right and Left Thru, Veer Left
Couples Circulate
Chain Down The Line
Rollaway, Star Thru
Centers Pass Thru, Ends Wheel
Around
Allemande Left, Face In, Home

Heads Square Thru, Dosado
Star Thru, Right and Left Thru
Rollaway, Pass Thru, Bend The Line
Circle Left, Allemande Left
Single Circle 1/2
Wrong Way Grand
Pull By, Allemande Left
Promenade

Heads Square Thru
Split 2, Separate Around 1 to a Line
Single Circle 1/2, Star Thru
Split 2, Separate Around 1 to a Line
Pass Thru, U Turn Back
Star Thru, Allemande Left
Promenade

Heads Square Thru
Split 2, Separate Around 1
Come Into the Middle
Square Thru 2, Right and Left Thru
Veer Left, Boys Circulate
Chain Down the Line, Circle Left
Allemande Left
Promenade

Heads Square Thru
Right And Left Thru, Star Thru
Square Thru 3, Wheel Around
Pass Thru, Bend The Line
Right And Left Thru, Star Thru
Allemande Left
Promenade

Heads Square Thru 3
Heads Separate Around 1 to a Line
Star Thru, Centers Square Thru 3
Pass Thru, Centers Square Thru 3
Ends Wheel Around
Allemande Left
Face In, Home

Mainstream

Patter: Standard Applications with Variety

Heads Half Sashay
Heads Pass Thru and Half Sashay
Heads Promenade home
All Allemande Left
Weave the Ring
Swing, Promenade

Heads Lead Right, Star Thru
Right And Left Thru, Ladies Chain
Four Ladies Chain, Circle Left
Ladies In / Men Sashay
Ladies In / Men Sashay
Allemande Left, Promenade

Heads Ladies Chain
Heads Lead Left, Split 2
Separate Around 1 To A Line
All Pass Thru and U-Turn Back
All Pass Thru, Allemande Left
Right and Left Grand
Promenade

Heads Promenade 1/2
Come Into the Middle and Pass Thru
Separate Around 1
Come Into the Middle and Pass Thru
Split Two
Separate Around 1 to a Line
Circle Right, Boys Star Left
Pickup your Partner, Star Promenade
to Home

Heads Square Thru
Dosado, Star Thru
Square Thru 5, Bend The Line
Square Thru 3, Bend The Line
Right And Left Thru, Rollaway
Circle Left, Allemande Left
Right And Left Grand
Promenade Home

Heads Rollaway, Circle Left
Boys (or Girls) Square Thru
Swing Partner, Promenade
Heads Square Thru
Heads Split 2
Separate Around 1 To A Line
Forward and Back, Rollaway
Square Thru 3, Allemande Left
Promenade

Heads Square Thru 4
Square Thru 3, Ends Wheel Around
Centers Pass Thru
Left Square Thru 2
Courtesy Turn, Star Thru
Right And Left Thru, Pass Thru
Ends Wheel Around
Centers Star Thru
Back away at home

Heads Ladies Chain
Heads Square Thru
Circle Four 1/2, Square Thru 2
Wheel Around, Ladies Chain
Star Thru, Square Thru
Wheel Around, Star Thru
Pass Thru, Allemande Left
Promenade

All Half Sashay, Heads Square Thru
Square Thru 2
Wheel Around, Pass Thru
U-Turn Back, Right and Left Thru
Star Thru, Pass Thru
Ends Wheel Around
Centers Star Thru
Back away at home

Mainstream

Singing Call Figures

Opener/Middle Break/Closer

Four Ladies Chain
Rollaway and Circle Left
Four Ladies Rollaway
Left Allemande, Weave the Ring
Swing and Promenade

Figure – (Corner Progression)

All 4 Ladies Chain 3/4
Heads Rollaway, Heads Pass Thru
Heads Half Sashay
Heads Promenade Home
Allemande Left, Right and Left Grand
Swing, Promenade

Heads Promenade 1/2
Heads Square Thru
Right and Left Thru
Veer Left, Veer Right
Centers Veer Right and Left
Others Wheel Around
Pass Thru, U-Turn Back
Swing, Promenade

Heads Promenade 1/2
Heads Square Thru 4
Right and Left Thru, Veer Left
Couples Circulate
Chain Down the Line
Square Thru 3
Swing, Promenade

Heads Square Thru
Split Two Around 1 to a Line
Centers Square Thru
Ends Single Circle 1/2 and Star Thru
Allemande Left, Swing, Promenade

Heads Lead Right, Veer Left
Girls Circulate, Bend The Line
Star Thru, Centers Split Two
Separate Around 1 to a Line
Forward and Back
Half Sashay, Square Thru 4
U-Turn Back, Swing, Promenade

Mainstream

Lesson #6	
Calls to Review:	Calls to Teach:
13a. Half Sashay	23. Grand Square
21. Square Thru	24. Double Pass Thru
22. Split Two	25. First Couple Go Left/Right, Next Couple Go Right/Left
<i>3c. Star Promenade</i>	26. Wheel and Deal
<i>13b. Rollaway</i>	27. California Twirl

Mainstream

Instructional Sequences by Call

23. Grand Square

Sides Face Grand Square
Circle Left, Allemande Left
Right and Left Grand
Promenade

Join Hands and Circle Left 3/4
At the Side Position Face
Grand Square
Join Hands Circle Left
Allemande Left, Promenade

24. Double Pass Thru

Heads Star Thru
Double Pass Thru
Face In, Star Thru
Centers Pass Thru
All Pass Thru
Centers Star Thru
Others Wheel Around
Back away at home

Sides Star Thru
Double Pass Thru
Face In, Star Thru
Double Pass Thru
Leaders Courtesy Turn
Allemande Left

Heads Pass Thru
Heads Separate Around 1 to a Line
Star Thru, Double Pass Thru
All Wheel Around
Double Pass Thru
Leaders Courtesy Turn
Pass Thru
Ends Wheel Around
Centers Pass Thru
Allemande Left
Promenade

Heads Star Thru
Double Pass Thru
U-Turn Back, Double Pass Thru
U Turn Back
Centers Square Thru 3
Allemande Left, Home

25. First Couple Go Left/Right, Next Couple Go Right/Left

Head Ladies Chain, Heads Star Thru
Double Pass Thru
First Couple Go Left
Next Couple Go Right
Star Thru, Pass Thru
Centers Pass Thru
First Couple Go Right
Next Couple Go Left
Star Thru, Pass Thru
Centers Pass Thru
First Couple Go Right
Next Couple Go Left
Circle Left, Allemande Left
Promenade

Mainstream

26. Wheel and Deal (Two Faced Lines)

Heads Lead Right, Veer Left
Couples Circulate
Wheel and Deal
Right and Left Thru, Veer Left
Couples Circulate
Wheel and Deal
Right and Left Thru, Veer Left
Couples Circulate
Wheel and Deal
Star Thru, Right and Left Thru
Ladies Chain, Star Thru
Pass Thru, Allemande Left
Promenade

Heads Right and Left Thru
Heads Lead Left Veer Right
Couples Circulate
Wheel and Deal
Veer Right, Couples Circulate
Boys Circulate, Wheel and Deal
Star Thru, Right and Left Thru
Ladies Chain, Star Thru
Pass Thru
Centers Square Thru 3
Ends Wheel Around
Allemande Left

26. Wheel and Deal (Lines Facing Out)

Heads Square Thru, Dosado
Star Thru, Pass Thru
Wheel and Deal
Double Pass Thru
First Couple Left, Next Couple Right
Pass Thru, Wheel and Deal
Centers Pass Thru, Star Thru
Pass Thru, Wheel and Deal
Centers Pass Thru
Allemande Left, Promenade

Heads Ladies Chain
Heads Square Thru 2, Dosado
Star Thru, Pass Thru
Wheel and Deal
Centers Pass Thru
Star Thru, Pass Thru
U Turn Back, Pass Thru
Wheel and Deal
Centers Pass Thru
Star Thru, (facing out)
Wheel and Deal
Centers Pass Thru
Star Thru, Right And Left Thru
Circle Left, Allemande Left
Promenade

27. California Twirl

Heads Pass Thru
California Twirl and back away
Sides Pass Thru
California Twirl and back away
Four Ladies Chain
Heads Pass Thru
California Twirl and back away
Sides Pass Thru
California Twirl and back away
Four Ladies Chain

Heads Square Thru, Dosado
Star Thru, Pass Thru
California Twirl
Square Thru 3, California Twirl
Pass Thru, Wheel and Deal
Centers Pass Thru, Star Thru
Pass Thru, California Twirl
Pass Thru, Wheel and Deal
Centers Pass Thru
Allemande Left
Promenade

Mainstream

Patter: Standard Applications

Sides Face Grand Square
Allemande Left

Heads Square Thru
Right and Left Thru
Veer Left, Wheel and Deal
Centers Reverse Wheel Around
Double Pass Thru
Ends Wheel Around, Star Thru
Pass Thru, Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Boys 1/2 Sashay, Girls 1/2 Sashay
Forward and Back, Star Thru
Double Pass Thru
Ends California Twirl
Pass Thru, Ends California Twirl
Centers Pass Thru
Everyone Pass Thru, Allemande Left
Promenade

Heads Star Thru
Centers Pass Thru
Right and Left Thru, Veer Left
Couples Circulate, Wheel and Deal
Veer Left, Wheel and Deal
Heads Face In
Back away at home

Heads Lead Right, Veer Left
Bend the Line, Pass Thru
Wheel and Deal, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Pass Thru, Wheel and Deal
Centers Pass Thru
Right and Left Thru, Veer Left
Bend the Line, Star Thru, Pass Thru
Allemande Left, Promenade

Heads Lead Right
Right and Left Thru, Veer Left
Couples Circulate, Bend The Line
Pass Thru, Wheel and Deal
Double Pass Thru
First Couple Go Right
Next Couple Go Left
Right and Left Thru, Half Sashay
Pass Thru, Wheel and Deal
Centers Pass Thru
Star Thru (facing out)
Wheel and Deal, Centers Pass Thru
Everyone Pass Thru, Allemande Left
Promenade

Heads Lead Right, Veer Left
Bend the Line, Right and Left Thru
Pass Thru, Wheel and Deal
Double Pass Thru
First Couple Go Left
Next Couple Go Right
Star Thru, Square Thru 3
Allemande Left, Right and Left Grand
Promenade

Heads Square Thru 4, Dosado
Star Thru, California Twirl
Forward and Back, Wheel and Deal
Double Pass Thru
First Couple Go Left
Next Couple Go Right
Ends Star Thru, Centers Pass Thru
Centers U-Turn Back
Back away at home

Heads Square Thru, Dosado
Star Thru, Pass Thru
California Twirl, Pass Thru
Bend The Line, Star Thru
Pass Thru, Ends California Twirl
Centers Square Thru 3
Allemande Left

Mainstream

Patter: Standard Applications with Variety

Heads Half Sashay
Sides Face Grand Square
All Circle Left
Boys Make a Right-Hand Star
Look for your corner
Allemande Left, Promenade

Heads Lead Right, Veer Left
Couples Circulate 1 1/2
Center Line Wheel and Deal
Others Bend the Line
Centers Pass Thru
Right and Left Thru
Reverse Circle Four 3/4
Half Sashay, Pass Thru, Face Left
Single File Promenade Home

Heads Ladies Chain
Sides Lead Right, Circle Four 3/4
Veer left, Wheel and Deal
Pass Thru, Wheel and Deal
Centers Pass Thru
Allemande left

Heads Star Thru, Double Pass Thru
U-Turn Back, Double Pass Thru
U-Turn Back, Double Pass Thru
U-Turn Back, Centers Square Thru 3
Allemande Left

Heads Pass Thru
Separate Around 1 to a Line
Pass Thru, Wheel and Deal
Girls Square Thru 3
Star Thru, Couples Circulate
Wheel and Deal, Allemande Left
Promenade

Four Ladies Chain
Heads Star Thru, Double Pass Thru
Face In, Pass Thru
Wheel And Deal, Double Pass Thru

First Couple Go Left
Next Couple Go Right
Star Thru, Centers Pass Thru
Allemande Left
Promenade

Heads Square Thru, Dosado
Star Thru, Single Circle 1/2
Pass Thru, Wheel And Deal
Double Pass Thru
Face in, Pass Thru
Wheel And Deal
Boys Left Square Thru 3
Star Thru, Couples Circulate
Chain Down The Line
Pass Thru, Wheel And Deal
Centers Square Thru 3
Allemande Left

Mainstream

Singing Call Figures

Opener/Middle Break/Closer

Sides Face Grand Square
Circle Left, Allemande Left
Swing, Promenade

Sides Face Grand Square
Four Ladies Chain
Four Ladies Chain
Promenade

Sides Face Grand Square
Allemande Left, Weave the Ring
Swing, Promenade

Sides Face Grand Square
ONLY Six Steps (makes a line)
Forward and Back
Pass Thru, Bend The Line
Star Thru, Pass Thru
U-Turn Back, Right and Left Grand
Swing and Promenade

Figure – (Corner Progression)

Heads Right and Left Thru
Heads Star Thru, Double Pass Thru
Face In, Star Thru
Centers Pass Thru
Right and Left Thru
Veer Left, Wheel and Deal
Half Sashay
Swing, Promenade

Four Ladies Chain
Heads Star Thru, Double Pass Thru
Face In, Star Thru
Centers Pass Thru
Single Circle 1/2
Swing, Promenade

All Circle Left 1/2
Heads Promenade 3/4
Double Pass Thru
First Couple Go Left
Next Couple Go Right
Star Thru, Pass Thru
Swing, Promenade

Heads Star Thru, Double Pass Thru
Everyone California Twirl
Double Pass Thru
Leaders California Twirl, Dosado
Star Thru, Square Thru 3
Swing, Promenade

Heads Square Thru
Dosado, Star Thru
Pass Thru, Wheel And Deal
Double Pass Thru
First Couple Go Right
Next Couple Go Left
Star Thru, Swing, Promenade

Heads Star Thru, California Twirl
Star Thru, Pass Thru
Wheel and Deal, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Square Thru 3
Swing, Promenade

Heads Lead Right, Circle Four 3/4
Pass Thru, Wheel And Deal
Double Pass Thru
First Couple Go Left
Next Couple Go Right
Square Thru
Swing, Promenade

Mainstream

Lesson #7	
Calls to Review: 23. Grand Square 24. Double Pass Thru 25. First Couple Go Left/Right, Next Couple Go Right/Left 26. Wheel and Deal 27. California Twirl	Calls to Teach: 28. Slide Thru 29. Dive Thru 30. Box the Gnat

Mainstream

Instructional Sequences by Call

28. Slide Thru

Heads Square Thru, Slide Thru
Right and Left Thru
Slide Thru
Allemande Left

Heads Promenade 1/2
Come Into the Middle and Slide Thru
Centers Pass Thru, Slide Thru
Pass Thru, Bend the Line
Slide Thru, Allemande Left
Promenade

Heads Slide Thru, Centers Pass Thru
Slide Thru, Right and Left Thru
Slide Thru, Right and Left Thru
Veer Left, Couples Circulate
Wheel and Deal, Slide Thru
Slide Thru
Allemande Left

29. Dive Thru

Heads Square Thru
(Arch in the Middle) Dive Thru
Centers Pass Thru
(Arch in the Middle) Dive Thru
Centers Pass Thru
Allemande Left
Promenade

Heads Square Thru
(Arch in the Middle), Dive Thru
Centers Pass Thru
(Arch in the Middle), Dive Thru,
Centers Pass Thru, Slide Thru
Right and Left Thru, Slide Thru
Allemande Left
Promenade

Heads Slide Thru, Centers Pass Thru
Right and Left Thru, Dive Thru
Centers Pass Thru, Dive Thru
Centers Pass Thru, Dive Thru
Centers Pass Thru
Allemande Left
Promenade

30. Box the Gnat

Face Your Partner
Box the Gnat
Slide Thru
Home

Heads Square Thru
Slide Thru, Pass Thru
U Turn Back, Box the Gnat
Slide Thru, Pass Thru
U-Turn Back, Box the Gnat
Right and Left Thru
Pass Thru, U-Turn Back
Pass Thru, Right and Left Grand
Promenade

Heads Square Thru, Slide Thru
Pass Thru, U-Turn Back
Box The Gnat, Pass Thru
Wheel and Deal
Centers Pass Thru
Box The Gnat
Slide Thru (looking out)
Forward and Back
Wheel and Deal
Centers Pass Thru
Dive Thru
Centers Square Thru 3
Allemande Left
Promenade

Mainstream

Patter: Standard Applications

Heads Square Thru
Slide Thru, Pass Thru
California Twirl, Star Thru
Dive Thru, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Pass Thru, Wheel and Deal
Centers Pass Thru, Dive Thru
Centers Pass Thru
Allemande Left
Promenade

Heads Square Thru, Dive Thru
Centers Pass Thru, Slide Thru
Box the Gnat, Pass Thru
Bend the Line, Box the Gnat
Slide Thru, Dive Thru
Centers Pass Thru
Allemande Left
Promenade

Heads Box the Gnat
Heads Slide Thru, Dive Thru
Centers Pass Thru
Right and Left Thru
Veer Left
Couples Circulate
Wheel and Deal
Allemande Left

Four Ladies Chain
Heads Square Thru
Slide Thru, Circle Left
Ladies In / Men Sashay
Allemande Left, Box the Gnat
Wrong Way Grand
Right Pull By
Allemande Left
Promenade

Heads Slide Thru, Centers Pass Thru
Dive Thru, Centers Pass Thru
Slide Thru, Pass Thru
California Twirl, Slide Thru
Dive Thru, Centers Square Thru 3
Allemande Left
Promenade

Heads Lead Right, Veer Left
Couples Circulate, Wheel and Deal
Dive Thru, Centers Pass Thru
Slide Thru, Pass Thru
Bend the Line, Slide Thru
Dive Thru, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Slide Thru, Dive Thru
Centers Pass Thru, Box the Gnat
Right and Left Grand
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Box the Gnat, Slide Thru
First Couple Go Left
Next Couple Go Right
Right and Left Thru, Slide Thru
Dive Thru, Centers Pass Thru
Slide Thru, Pass Thru,
Wheel and Deal, Centers Pass Thru
Allemande Left
Promenade

Heads Box the Gnat and Slide Thru
Dive Thru, Centers Pass Thru
Slide Thru, Right and Left Thru
Ladies Chain, Pass Thru
Wheel and Deal, Centers Pass Thru
Dive Thru, Centers Pass Thru
Allemande Left
Promenade

Mainstream

Patter: Standard Applications with Variety

Heads Slide Thru, Double Pass Thru
Face in, Pass Thru, Wheel and Deal
Girls Pass Thru, Box the Gnat
Slide Thru, Girls Trade
Couples Circulate
Chain Down the Line
Pass Thru, Wheel and Deal
Double Pass Thru
Leaders Wheel Around
Allemande Left, Weave the Ring
Back Away at Home

Heads Pass Thru
Separate Around 2 to a Line
Pass Thru, Wheel and Deal
Centers Pass Thru, Slide Thru
Forward and Back
Wheel Around, Pass Thru
Wheel and Deal, Centers Pass Thru
Dive Thru, Centers Square Thru 3
Allemande Left
Promenade

Heads Square Thru
Split 2 Around 1 to a Line
Pass Thru, Wheel and Deal
Double Pass Thru, Face In
Pass Thru, Wheel and Deal
Boys Square Thru
Boys Separate Around 1 to a Line
Pass Thru, Wheel and Deal
Centers Pass Thru
Dive Thru
Centers Face In
Back away at home

Side Ladies Chain, Sides Rollaway
Sides Pass Thru
Separate Around 2 to a Line
Box the Gnat, Pass Thru
Wheel and Deal, Boys Square Thru 3
Star Thru, Girls Trade
Bend the Line, Slide Thru
Dosado, Circle Four 3/4
All Circle Left
Allemande Left
Promenade

Heads Box the Gnat and Slide Thru
Dive Thru
Double Pass Thru, Face In
Pass Thru, Wheel and Deal
Girls Pass Thru, Star Thru
Boys Trade
Bend the Line and Rollaway
Centers Right and Left Thru
Ends Face In
Back away at home

Heads Box the Gnat
Heads Pass Thru
Heads Separate, All Slide Thru
Centers Square Thru
Right and Left Thru
Veer Left, Couples Circulate
Chain Down the Line
Square Thru, Centers Square Thru 2
All California Twirl
Back away at home

Mainstream

Singing Call Figures

Opener/Middle Break/Closer

Circle Left 1/2
Allemande Left Your Corner
Turn Partner By the Right
Allemande Left
Right and Left Grand
Swing, Promenade

Four Ladies Chain
Rollaway, Circle Left
Four Ladies Rollaway
Allemande Left
Weave the Ring
Swing, Promenade

Allemande Left, Box the Gnat
Wrong Way Grand
Pull By, Allemande Left
Swing and Promenade

Figure – (Corner Progression)

Heads Square Thru
Square Thru 2, California Twirl
Forward and Back, Star Thru
Pass Thru, U-Turn Back
Swing your Corner
Promenade

Heads Promenade 1/2
Come Into the Middle and Lead Left
Veer Right, Couples Circulate
Bend the Line, Pass Thru
California Twirl
Forward and Back
Star Thru, Pass Thru
Swing, Promenade

Heads Square Thru
Slide Thru, Pass Thru
Wheel and Deal, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Square Thru 3
Swing, Promenade

Heads Square Thru 2
Everyone Square Thru 2
Bend the Line
Forward and Back
Star Thru, Dive Thru
Centers Pass Thru
Right and Left Thru, Pass Thru
Allemande Left
Swing, Promenade

Heads Square Thru
Split Two Around 1 to a Line
Pass Thru, U-Turn Back
Right and Left Thru, Star Thru
Dive Thru, Centers Square Thru 3
Swing, Promenade

Heads Lead Right, Veer Left
Girls Circulate, Chain Down the Line
Pass Thru, Wheel Around
Two Ladies Chain, Slide Thru
Dive Thru, Centers Square Thru 3
Swing, Promenade

Mainstream

Lesson #8	
Calls to Review:	Calls to Teach:
28. Slide Thru	31. Ocean Wave Family
29. Dive Thru	a. Alamo Style
30. Box the Gnat	b. Balance
	c. Step to a Wave
	<i>d. Dosado to a Wave</i>
	<i>18c. All Eight Circulate</i>

Mainstream

Instructional Sequences by Call

31a. Alamo Style and 31b. Balance

Allemande Left in the Alamo Style
Balance
Turn 1/2 by the Right
Turn 1/2 by the Left
Balance
Turn 1/2 by the Right
Turn 1/2 by the Left
Right and Left Grand
Promenade

Allemande Left in the Alamo Style
Balance
Turn Partner Right a Full Turn
Allemande Left, Box the Gnat
Wrong Way Grand
Right Pull By
Left Allemande
Promenade

Allemande Left in the Alamo Style
Turn 1/2 by the Right
Turn 1/2 by the Left
Face Left, Pass Thru
Wrong Way Grand
Pull By, Allemande Left
Promenade

Allemande Left in the Alamo Style
Balance
Turn 1/2 by the Right
Turn 1/2 by the Left
Turn 1/2 by the Right, Face Right
Slide Thru, Circle Left
Ladies In / Men Sashay
Ladies In / Men Sashay
Allemande Left
Promenade

31c. Step to a Wave

Heads Square Thru, Step to a Wave
Balance, Boys Circulate
Girls U-Turn Back, Couples Circulate
Chain Down the Line, Slide Thru
Step to a Wave, Balance
Girls Circulate, Boys Circulate
Girls U-Turn Back, Couples Circulate
Chain Down The Line, Star Thru
Pass Thru, Allemande Left
Promenade

Heads Square Thru, Box the Gnat
Step to a Wave
Balance
Girls Circulate
Boys U-Turn Back
Couples Circulate
Bend the Line
Box the Gnat
Slide Thru
Pass Thru
Left Allemande
Promenade
Heads Lead Right
Step to a Wave, Balance
Boys Circulate, Girls U-Turn Back
Couples Circulate, Bend the Line
Pass Thru, Wheel and Deal
Centers Pass Thru
Allemande Left
Promenade

31d. Dosado to a Wave

Heads Dosado to a Wave
Heads Step Thru
Heads Promenade Home
Sides Dosado to a Wave
Sides Step Thru
Sides Promenade

Mainstream

Heads Square Thru
Dosado to a Wave
Balance, Face Right
Dosado to a Wave
Girls U-Turn Back
Slide Thru, Dive Thru
Centers Square Thru 3
Allemande Left

Heads Square Thru
Box the Gnat, Dosado to a Wave
Boys Circulate, Girls U-Turn Back
Couples Circulate, Bend the Line
Star Thru, Dosado to a Wave
Boys Circulate, Girls U-Turn Back
Couples Circulate
Bend the Line, Slide Thru
Dive Thru, Centers Pass Thru
Allemande Left
Promenade

18 c. All Eight Circulate

Heads Square Thru
Dosado to a Wave
Boys Circulate, Girls Circulate
All Eight Circulate
Girls U Turn Back, Couples Circulate
Chain Down the Line
Right and Left Thru
Pass Thru, Wheel and Deal
Centers Pass Thru
Allemande Left

Sides Square Thru
Step to a Wave
Boys Circulate
Girls Circulate
All Eight Circulate
All Eight Circulate
Boys Circulate
Girls U-Turn Back
Wrong Way Promenade

Heads Square Thru
Box The Gnat, Step to a Wave
Girls Circulate, Boys Circulate
All Eight Circulate
Turn 1/2 by the Right
All Eight Circulate
All Eight Circulate
Boys U-Turn Back
Couples Circulate
Bend the Line
Forward and Back
Box the Gnat, Slide Thru
Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Wheel and Deal
Centers Pass Thru
Dosado to a Wave, Ends Circulate
Centers Circulate, All Eight Circulate
Turn 1/2 by the Right
Centers Circulate, Ends Circulate
All Eight Circulate, Girls U-Turn Back
Wheel and Deal
Centers Pass Thru
Allemande Left
Promenade

Mainstream

Patter: Standard Applications

Heads Square Thru
Dosado to a Wave
All Eight Circulate, U-Turn Back
All Eight Circulate
Centers Turn 1/2 by the Right
All Turn 1/2 by the Left
U-Turn Back, All Eight Circulate
Face Right, Star Thru
Girls Trade, Couples Circulate
Girls Trade, Wheel and Deal
Dive Thru

Centers Right and Left Thru
Centers Veer Left
Chain Down the Line
Back away at home

Heads Slide Thru, Centers Pass Thru
Dosado to a Wave, All Eight Circulate
Face Right, Star Thru
Boys Trade
Couples Circulate, Wheel and Deal
Box the Gnat, Step to a Wave
Balance, All Eight Circulate
Face Right, Slide Thru
Girls Trade, Boys Trade
Bend the Line, Slide Thru
Centers Face In
Back Away at home

Heads Pass Thru
Heads Separate Around 1 to a Line
Slide Thru, Centers Pass Thru
Dosado to a Wave
Boys Circulate, All Face Right
Dosado to a Wave
Girls U-Turn Back
Slide Thru, Pass Thru
Allemande Left
Right and Left Grand
Promenade

Heads Square Thru
Dosado to a Wave
All Eight Circulate
Girls U Turn Back
Couples Circulate
Chain Down the Line
Pass Thru, Wheel and Deal
Centers Square Thru 3
Left Allemande
Promenade

Heads Pass Thru
Heads Separate Around 2 to a Line
Box The Gnat, Slide Thru
Dosado to a Wave, Balance
All Eight Circulate
Girls Turn 1/2 by the Left
All Face Right, Dosado to a Wave
All Eight Circulate, Face Right
Dive Thru, Centers Pass Thru
Slide Thru, Pass Thru
Wheel and Deal, Centers Pass Thru
Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Wheel And Deal
Girls Pass Thru, Dosado to a Wave
All Eight Circulate, Boys U-Turn Back
Box the Gnat, Pass Thru
Wheel and Deal
Centers Square Thru 2
Heads California Twirl
Back away at home

Mainstream

Patter: Standard Applications with Variety

Heads Box the Gnat
Heads Pass Thru
Heads Separate Around 2 to a Line
Pass Thru, Wheel and Deal
Girls Pass Thru, Dosado to a Wave
All Eight Circulate
Boys U-Turn Back, Box the Gnat
Pass Thru, Wheel and Deal
Centers Pass Thru, Dive Thru
Centers Pass Thru
Allemande Left
Promenade

Heads Star Thru, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Star Thru, Dosado to a Wave
All Eight Circulate
U Turn Back, All Eight Circulate
Girls U Turn Back, Wheel and Deal
Step to a Wave, All Eight Circulate
All Eight Circulate,
Boys U Turn Back, Wheel and Deal
Star Thru, Forward and Back
Wheel and Deal, Centers Pass Thru
All Pass Thru, Wrong Way Grand
Meet Partner - Slide Thru
Back away at home

Heads Lead Right, Veer Left
Chain Down the Line
Pass Thru, Wheel and Deal
Double Pass Thru
First Couple Go Left
Next Couple Go Right
Pass Thru, Wheel and Deal
Centers Square Thru 2
Centers Separate Around 2 to a Line
Box the Gnat, Slide Thru
Wrong Way Grand, Pull By
Allemande Left
Promenade

Heads Box the Gnat
Heads Slide Thru, Dosado to a Wave
All Eight Circulate, Face Right
Pass Thru, Boys Pass Thru
First Couple Go Left
Next Couple Go Right
Slide Thru
Centers Pass Thru, Slide Thru
Dosado to a Wave, Step Thru
Wheel and Deal, Centers Pass Thru
Dive Thru, Centers Pass Thru
Allemande Left
Promenade

Heads Right and Left Thru
Heads Rollaway and Pass Thru
Separate Around 2 to a Line
Pass Thru, Wheel and Deal
Girls Pass Thru, Dosado to a Wave
All Eight Circulate, Boys U-Turn Back
Box the Gnat, Right and Left Thru
Pass Thru, Wheel and Deal
Centers Square Thru 3
Left Allemande
Promenade

Mainstream

Singing Call Figures

Opener/Middle Break/Closer

Side Face Grand Square
Allemande Left
Weave the Ring
Swing and Promenade

Circle Left
Allemande Left
Dosado, Allemande Left
Weave the Ring
Swing and Promenade

Figure – (Corner Progression)

Heads Promenade 1/2
Sides Right and Left Thru
Sides Square Thru
Dosado, Step to a Wave
All Eight Circulate Two Times
Swing, Promenade

Heads Square Thru
Dosado to a Wave
Balance
Boys Circulate
Girls Circulate
All Eight Circulate
Swing, Promenade

Heads Square Thru
Pass Thru, U-Turn Back
Dosado to a Wave, Balance
Girls Circulate, Boys Circulate
All Eight Circulate
Swing, Promenade

Heads Square Thru
Dosado to a Wave
Boys Circulate, Girls Circulate
All Eight Circulate, Girls U-Turn Back
Couples Circulate, California Twirl
Promenade

Mainstream

Lesson #9	
Calls to Review: 31. Ocean Wave Family a. Alamo Style b. Balance c. Step to a Wave d. <i>Dosado to a Wave</i> <i>18c. All Eight Circulate</i>	Calls to Teach: 32. Trade Family a. Couples Trade b. (Named Dancers) Trade c. Right/Left Hand Trade d. Partner Trade

Mainstream

Instructional Sequences by Call

32a. Couples Trade

Heads Square Thru
Right and Left Thru, Veer Left
Couples Circulate, Couples Trade
Couples Circulate, California Twirl
Couples Circulate, Couples Trade
Couples Circulate, Bend the Line
Pass Thru, Wheel and Deal
Centers Pass Thru, Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Girls Wheel Around
Couples Circulate, Couples Trade
Couples Circulate, Couples Trade
Bend The Line, Star Thru
Centers Square Thru 3
Allemande Left
Promenade

32b. (Named Dancers) Trade

Heads Square Thru
Right and Left Thru
Veer Left, Couples Circulate
Centers Trade, Couples Circulate
Centers Trade, California Twirl
Couples Circulate, Centers Trade
Couples Circulate, Boys Trade
Wheel and Deal, Dive Thru
Centers Square Thru 3
Allemande Left
Promenade

Heads Lead Right
Veer Left, Couples Circulate
Chain Down the Line, Pass Thru
Boys Trade (Down the Line)
Girls Trade (Down the Line)
Pass Thru
Girls Trade (Down the Line)
Boys Trade (Down the Line)
Star Thru, Dive Thru
Double Pass Thru
First Couple Go Left
Next Couple Go Right
Star Thru, Pass Thru
Allemande Left
Promenade

Heads Square Thru, Dosado to Wave
Centers Trade, All Trade
Centers Trade, Girls U-Turn Back
Couples Circulate, Bend the Line
Star Thru, Allemande Left
Promenade

Heads Lead Right
Step to a Wave, Girls Trade
Heads Trade, Sides Trade
Boys Trade, All Trade
Girls Trade, Boys U-Turn Back
Couples Circulate, Bend the Line
Forward and Back, Box the Gnat
Right and Left Thru, Circle Left
Allemande Left
Promenade

Mainstream

32c. Right/Left Hand Trade

Allemande Left in the Alamo Style
Trade by the Right, Trade by the Left
Balance

Trade by the Right, Trade by the Left
Face Partner, Right and Left Grand
Promenade

Heads Lead Right, Step to a Wave
Girls Trade, Boys (Ends) Trade
Trade with a Right Hand
Trade with a Left Hand
Girls (Ends) Trade
Boys Trade
Right and Left Grand

Heads Square Thru, Dosado to a Wave
Right Hand Trade, Left Hand Trade
Right Hand Trade, Left Hand Trade
Boys Circulate, Right Hand Trade
Left Hand Trade, Right Hand Trade
Left Hand Trade, Boys U-Turn Back
Couples Circulate, Bend the Line
Box the Gnat, Right and Left Thru
Circle Left
Back away at home

32d. Partner Trade

All Partner Trade, All Partner Trade

Heads Lead Right
Right and Left Thru, Veer Left
All Partner Trade, Couples Circulate
Original Sides Partner Trade
Pass Thru
All Partner Trade, Pass Thru
Partner Trade, Circle Left
Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru
Girls Partner Trade
Boys Partner Trade
Pass Thru, Partner Trade
Star Thru, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Right and Left Thru
Pass Thru, Wheel and Deal
Centers Star Thru
Back away at home

Heads Square Thru, Dosado
Circle Four 3/4
Pass Thru, Partner Trade
Box the Gnat, Pass Thru
Partner Trade, Pass Thru
Wheel and Deal, Centers Pass Thru
Star Thru, Partner Trade
Slide Thru, Dive Thru
Centers Square Thru 3
Allemande Left
Promenade

Mainstream

Patter: Standard Applications

Allemande Left in the Alamo Style
Right Hand Trade, Left Hand Trade
Balance
Right Hand Trade, Left Hand Trade
Face Partner, Right and Left Grand
Promenade

Heads Lead Right, Veer Left
Couples Circulate, Couples Trade
Couples Circulate, Partner Trade
Couples Circulate, Partner Trade
Couples Circulate, Bend the Line
Pass Thru, Partner Trade
Star Thru, Pass Thru
Allemande Left
Promenade

Heads Square Thru
Dosado to a Wave
Girls Trade, All Trade
Boys Trade, All Trade
Girls Trade, All Eight Circulate
All Trade, All Eight Circulate
Girls U-Turn Back, Couples Circulate
Chain Down the Line, Pass Thru
Wheel and Deal
Centers Pass Thru
Allemande Left, Promenade

Heads Square Thru
Slide Thru, Pass Thru
Partner Trade
Pass Thru, Wheel and Deal
Double Pass Thru
Ends Partner Trade, Star Thru
Right And Left Thru, Pass Thru
Wheel and Deal, Centers Pass Thru
Allemande Left, Promenade

Heads Star Thru, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Pass Thru, Partner Trade
Star Thru, Dosado to a Wave
Boys Circulate, Girls Trade
All Trade
Girls Circulate, Boys Trade
Boys U-Turn Back, Couples Circulate
Bend the Line, Box the Gnat
Right and Left Thru, Pass Thru
Wheel and Deal, Centers Pass Thru
Allemande Left, Promenade

Heads Pass Thru
Separate Around 1 to a Line
Pass Thru, Boys Partner Trade
Couples Circulate, Bend the Line
Pass Thru, Girls Partner Trade
Couples Circulate, Bend the Line
Pass Thru, All Partner Trade
Star Thru
First Couple Go Right
Next Couple Go Left
Pass Thru, Wheel and Deal
Centers Pass Thru
Allemande Left, Promenade

Heads Square Thru, Step to a Wave
All Eight Circulate, All Trade
Girls Trade, All Eight Circulate
Girls U Turn Back, Couples Circulate
Bend The Line, Pass Thru
Wheel and Deal, Centers Pass Thru
Dive Thru, Centers Square Thru 2
Sides Partner Trade
Back away at home

Mainstream

Patter: Standard Applications with Variety

Heads Partner Trade
Heads Separate Around 1 to a Line
Pass Thru, Wheel and Deal
Girls Pass Thru, Dosado to a Wave
All Eight Circulate,
Boys Trade (Down the Line)
Box the Gnat, Pass Thru,
Partner Trade, Star Thru
Dive Thru, Centers Pass Thru
Allemande Left, Promenade

Heads Square Thru
Split 2 Around 1 to a Line
Pass Thru, Wheel and Deal
Centers Pass Thru
Dosado to a Wave
Boys Trade, All Eight Circulate
All Trade, All Eight Circulate
All Trade, Boys Trade, Girls Circulate
Boys U Turn Back, Couples Circulate
Boys Trade, Bend the Line
Star Thru, Allemande Left
Promenade

Heads Pass Thru
Separate Around 2 To A Line
Pass Thru, Partner Trade, Pass Thru
Wheel And Deal, Centers Pass Thru
Dosado To A Wave, Centers Trade
Girls Circulate
Right and Left Grand

Four Ladies Chain, All Rollaway
Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Partner Trade, Pass Thru
Wheel and Deal, Girls Pass Thru
Dosado to a Wave, Centers Trade
All Eight Circulate, All Trade
Centers Trade, Boys U Turn Back
Box The Gnat, Pass Thru
Wheel and Deal
Centers Square Thru 2
Original Heads Trade
Back away at home

Heads Square Thru, Slide Thru
Pass Thru, Partner Trade
Box The Gnat, Pass Thru
Wheel And Deal, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Star Thru, All Partner Trade
Centers Face in
Back away at home

Heads Square Thru, Step to a Wave
All Eight Circulate, All Trade
Boys Trade, Girls U-Turn Back
Wheel and Deal, Veer Right
Wheel and Deal, Dive Thru
Centers Pass Thru, Star Thru
Pass Thru
Girls Trade (Down the Line)
Boys Trade (Down the Line)
Star Thru, Partner Trade
Allemande Left

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Square Thru
Slide Thru, Pass Thru
Partner Trade, Star Thru
Pass Thru, U-Turn Back
Box the Gnat
Swing, Promenade

Heads Promenade 1/2
Heads Square Thru
Dosado to a Wave
All Eight Circulate
Girls Trade
All Trade, Boys Trade
Swing, Promenade

Four Ladies Chain
Heads Square Thru
Slide Thru, Pass Thru
Partner Trade, Slide Thru
Dive Thru, Centers Pass Thru
Swing, Promenade

Heads Square Thru
Right and Left Thru
Dosado to a Wave
Girls Trade
All Eight Circulate
All Trade
All Eight Circulate
Boys Trade
Swing, Promenade

Heads Square Thru
Dosado to a Wave
Boys Circulate, Girls Circulate
All Eight Circulate, Girls U-Turn Back
Couples Circulate, California Twirl
Promenade

Mainstream

Lesson #10

Calls to Review:

- 32. Trade Family
 - a. Couples Trade
 - b. (Named Dancers) Trade
 - c. Right/Left Hand Trade
 - d. Partner Trade

Calls to Teach:

- 33. Swing Thru
- 34. Run
- 35. Pass the Ocean
- 36. Extend

Mainstream

Instructional Sequences by Call

33. Swing Thru

Allemande Left in the Alamo Style
Balance, Swing Thru
Balance, Swing Thru
Balance, Left Swing Thru
Balance, Left Swing Thru
Allemande Left, Promenade

Heads Step to a Wave
Swing Thru
Swing Thru
Step Thru
Heads Partner Trade
Heads back away at home
Sides Step to a Wave
Swing Thru
Swing Thru
Step Thru
Sides Partner Trade
Side back away at home

Heads Square Thru
Dosado to a Wave
Swing Thru
Swing Thru
All Eight Circulate
Swing Thru
All Eight Circulate
Swing Thru
Girls U-Turn Back
Couples Circulate
Chain Down The Line
Pass Thru, Wheel and Deal
Centers Square Thru 3
Allemande Left, Promenade

34. Run

Allemande Left in the Alamo Style
Balance
Girls Run Right, Circle Left
Ladies In / Men Sashay
Allemande Left, Right and Left Grand
Promenade

Heads Lead Right, Dosado to a Wave
Swing Thru, Boys Run
Girls Trade, Boys Run
All Eight Circulate
Swing Thru, Girls Run
Couples Circulate, Girls Run
Boys Run
Promenade

Heads Lead Right, Dosado to a Wave
Swing Thru, Boys Run
Girls Trade, Boys Run
All Eight Circulate, Swing Thru
Girls Run, Couples Circulate
Girls Run, Boys Run
Promenade

Heads Square Thru 2
Step to a Wave, Swing Thru
Boys Run, Couples Circulate
Chain Down the Line, Pass Thru
Boys Run, Girls Run
Box The Gnat, Slide Thru
Dive Thru
Square Thru 3
Allemande Left
Back away at home

Mainstream

35. Pass the Ocean

Heads Pass the Ocean
Swing Thru, that Boy Run
Chain Down the Line
Heads back away at home
Sides Pass the Ocean,
Swing Thru, that Boy Run
Chain Down the Line
Sides back away at home

Heads Lead Right, Slide Thru
Pass The Ocean, Swing Thru
Boys Run, Couples Circulate
Chain Down the Line
Pass The Ocean
Girls Trade, Boys Run
Promenade

Heads Square Thru
Slide Thru, Pass the Ocean
All Eight Circulate, Swing Thru
Boys Run, Couples Circulate
Chain Down the Line
Pass The Ocean, Swing Thru
Boys Run, Wheel and Deal
Dive Thru, Centers Square Thru 3
Allemande Left
Face in, Home

36. Extend

Heads Pass the Ocean
Extend, Swing Thru
Boys Trade, Girls U-Turn Back
Bend The Line, Forward and Back
Slide Thru, Pass Thru
Swing Partner
Back away at home

Heads Pass The Ocean
Extend, Extend
Outsides Partner Trade
Extend, Extend
Outsides Partner Trade
Extend, Swing Thru, Boys Run
Couples Circulate
Chain Down the Line
Right and Left Thru
Slide Thru, Allemande Left
Promenade

Heads Star Thru
Extend, Very Center Girls Trade
Extend, Swing Thru
Right and Left Grand
Promenade
Heads Slide Thru
Extend, Head Girls Trade
Extend, Centers Trade
Extend, Very Center Girls Trade
Extend, Partner Trade
Extend, Very Center Girls Trade
Extend, Boys Run
Couples Circulate
Partner Trade
Wrong Way Promenade

Mainstream

Patter: Standard Applications

Heads Slide Thru
Extend, Very Center Girls Trade
Extend, Swing Thru
Boys Run, Couples Circulate
Boys Run, Right and Left Grand
Promenade

Heads Pass the Ocean, Extend
Boys Circulate Girls Trade
Swing Thru, All Eight Circulate
Right and Left Grand
Promenade

Heads Square Thru
Slide Thru, Pass the Ocean
Swing Thru, Boys Run
Couples Circulate, Bend the Line
Pass Thru, Boys Run
Ends Circulate Centers Trade
Boys Run, Pass the Ocean
Boys Run
Promenade

Heads Pass the Ocean
Extend, Swing Thru
Boys Run, Chain Down the Line
Pass the Ocean, All Eight Circulate
Swing Thru, Boys Run
Wheel and Deal, Dive Thru
Square Thru 3
Allemande Left
Promenade

Heads Slide Thru
Extend, Very Center Girls Trade
Extend, Swing Thru
Boys Run, Couples Circulate
Boys Run
Right and Left Grand
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Wheel and Deal
Girls Swing Thru
Extend, Girls Run, Box the Gnat
Pass The Ocean
Boys Circulate, Girls Trade
Swing Thru, Boys Run
Couples Circulate, Wheel and Deal
Allemande Left
Promenade

Heads Square Thru
Slide Thru, Pass The Ocean
Swing Thru, Boys Run
Couples Circulate
Chain Down The Line
Pass The Ocean, Boys Run
Couples Circulate, Boys Trade
Wheel and Deal, Dive Thru
Centers Pass Thru
Allemande Left, Promenade

Heads Square Thru, Slide Thru
Pass the Ocean, Extend
Outsides Trade, Extend
Swing Thru, Boys Run
Couples Circulate
Chain Down the Line
Slide Thru, Dive Thru
Square Thru 3
Allemande Left, Back away at home

Heads Square Thru 2
Step to a Wave, Swing Thru
Boys Run, Couples Circulate
Chain Down the Line
Pass Thru, Boys Run
Girls Run, Box the Gnat
Slide Thru, Dive Thru
Center Square Thru 3
Allemande Left, Back away at home

Mainstream

Patter: Standard Applications with Variety

Allemande Left in the Alamo Style
Balance
Swing Thru, Balance
Boys Run Right
Boys Run Left
Right and Left Grand
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Wheel and Deal
Girls Swing Thru, Extend
Extend, Boys Swing Thru
Girls Partner Trade
Extend, Boys Run
Pass Thru, Wheel and Deal
Centers Pass Thru
Dive Thru, Centers Pass Thru
Allemande Left
Promenade

Heads Pass Thru
Separate Around 1 to a Line
Pass Thru
Wheel and Deal
Girls Pass Thru, All Pass Thru
Boys Swing Thru, Girls Trade
Extend, Boys Run
Pass the Ocean
Boys Circulate, Girls Trade
Boys Run, Girls Circulate
Promenade

Heads Square Thru Two
Slide Thru, Pass The Ocean
Swing Thru, Boys Run
Chain Down the Line
Rollaway, Forward and Back
Pass The Ocean, Boys Trade

Boys Run, Wheel and Deal
Dive Thru, Centers Slide Thru
Back away at home

Heads Square Thru 2
Slide Thru, Box the Gnat
Pass The Ocean
Swing Thru, Boys Run
Couples Circulate
Wheel and Deal, Pass Thru
Centers Square Thru 2
All Partner Trade
Back away at home

Heads Box the Gnat
Heads Pass The Ocean
Extend, Girls Trade
Boys Trade, Centers Trade
Extend, Boys Swing Thru
Girls Trade, Extend
Boys Run, Pass the Ocean
All Eight Circulate, Girls Trade
All Eight Circulate, Boys Run
Promenade

Mainstream

Singing Call Figures

Opener/Middle/Closing Break

Four Ladies Promenade Inside
Swing Your Partner
Join Hands and Circle Left
Allemande Left, Weave the Ring
Swing
Promenade

Four Ladies Chain
Half Sashay, Circle Left
Rollaway, Circle Left
Allemande Left, Weave the Ring
Dosado
Promenade

Figure – (Corner Progression)

Heads Square Thru
Dosado
Star Thru, Pass Thru
Partner Trade
Pass the Ocean
Swing Thru, Boys Trade
Swing, Promenade

Heads Pass Thru and Partner Trade
Heads Square Thru
Dosado, Star Thru
Pass the Ocean
All Eight Circulate
Swing, Promenade

Heads Pass the Ocean
Swing Thru Twice
Extend
Girls Trade
Swing Thru
Boy Run
Bend the Line
Slide Thru
Swing Promenade
Heads Promenade 1/2
Pass the Ocean
Extend, Swing Thru
Boys Trade, Boys Run
Bend the Line
Square Thru 3
Swing and Promenade

Mainstream

Lesson #11	
Calls to Review:	Calls to Teach:
33. Swing Thru	37. Flutterwheel / Reverse Flutterwheel
34. Run	38. Sweep a Quarter
35. Pass the Ocean	39. Trade By
36. Extend	<i>31e. Single Circle to a Wave</i>

Mainstream

Instructional Sequences by Call

37. Flutterwheel / Reverse Flutterwheel

Heads Lead Right, Veer Left
Chain Down The Line
Flutterwheel
Pass Thru
Wheel Around, Flutter Wheel
Pass The Ocean, Swing Thru
Right and Left Grand, Promenade

Heads Right and Left Thru
Head Ladies Chain
Heads Flutterwheel
Back away at home
Sides Right and Left Thru
Sides Ladies Chain,
Sides Flutterwheel,
Back away at home

Four Ladies Chain
Four Ladies Flutterwheel
Allemande Left, Box the Gnat
Wrong Way Grand
Slide Thru, Back away at home

Heads Pass Thru
Heads Partner Trade
Heads Reverse Flutterwheel
Heads Square Thru 2
Swing Thru, Boys Run
Bend The Line
Reverse Flutterwheel
Pass Thru, Wheel and Deal
Centers Pass Thru
Swing And Promenade

38. Sweep a Quarter

Heads Flutterwheel and Sweep 1/4
Centers Pass Thru, Star Thru
Reverse Flutterwheel and Sweep 1/4
Slide Thru, Allemande Left
Promenade

Heads Right and Left Thru
Heads Flutterwheel and Sweep 1/4
Centers Pass Thru
Right and Left Thru
Veer Left, Couples Circulate
Wheel and Deal and Sweep 1/4
Reverse Flutterwheel
Slide Thru, Allemande Left
Promenade

39. Trade By

Heads Square Thru
Pass Thru, Trade By
Pass Thru, Trade By
Allemande Left, Promenade

Heads Square Thru
Right and Left Thru
Pass Thru, Trade By
Right and Left Thru
Pass Thru, Trade By
Allemande Left, Promenade

Heads Star Thru
Centers Pass Thru
Right and Left Thru
Pass Thru, Trade By
Square Thru 3, Trade By
Square Thru 3, Trade By
Allemande Left, Promenade

Mainstream

31.e Single Circle to a Wave

Heads Lead Right
Single Circle to a Wave
Girls Trade, Boys Trade
Boys Run, Wheel and Deal
Square Thru 3
Allemande Left

Heads Star Thru
Centers Pass Thru
Single Circle to a Wave
Girls Circulate
Boys Circulate
Boys Run, Girls Trade
Wheel and Deal
Allemande Left
Promenade

Heads Square Thru
Single Circle to a Wave
Boys Trade, Girls Run
Girls Trade, Girls Run
Boys Trade, Boys Run
Chain Down the Line
Square Thru 3
Allemande Left
Promenade

Heads Square Thru
Single Circle to a Wave
Boys Trade, Boys Run
Chain Down the Line
Pass Thru, Wheel and Deal
Centers Pass Thru
Single Circle to a Wave
Boys Trade, All Eight Circulate
Boys Run, Girls Trade
Couples Circulate
Wheel and Deal
Allemande Left
Promenade

Mainstream

Patter: Standard Applications

Heads Lead Right, Veer Left
Chain Down the Line
Flutterwheel
Right and Left Thru
Flutterwheel
Pass the Ocean
Swing Thru
Right and Left Grand
Promenade

Heads Lead Right, Veer Left
Chain Down the Line
Flutterwheel
Pass Thru
Wheel and Deal
Centers Flutterwheel
Centers Pass Thru
Allemande Left
Promenade

Heads Lead Right
Pass the Ocean
Ladies Trade
Right and Left Thru
Flutterwheel
Pass the Ocean
Ladies Trade
Swing, Promenade

Heads Right and Left Thru
Heads Flutterwheel
Heads Reverse Flutterwheel
Star Thru, Pass Thru
Reverse Flutterwheel and Sweep 1/4
Flutterwheel and Sweep 1/4
Veer Left, Chain Down The Line
Centers Box the Gnat
All Slide Thru
Centers Pass Thru
Allemande Left
Promenade

Heads Square Thru
Right and Left Thru
Pass Thru, Trade By
Slide Thru
Pass The Ocean
Swing Thru, Boys Run
Bend The Line
Slide Thru
Pass Thru, Trade By
Allemande Left
Back away at home

Heads Flutterwheel and Sweep 1/4
Centers Pass Thru
Right and Left Thru
Pass Thru, Trade By
Square Thru 3, Trade By
Centers Split 2
Heads Separate Around 1 to a Line
Ends Box the Gnat and Slide Thru
Back away at home

Heads Half Sashay
Heads Star Thru
Pass Thru, Trade By
Swing Thru, Boys Run
Wheel and Deal
Dive Thru, Centers Pass Thru
Square Thru 3, Trade By
Allemande Left
Promenade

Mainstream

Patter: Standard Applications with Variety

Heads Star Thru, California Twirl
Reverse Flutterwheel and Sweep 1/4
Half Sashay
Pass the Ocean
Pass Thru
Right and Left Grand
Promenade

Heads Flutterwheel and Sweep 1/4
Heads California Twirl
Reverse Flutterwheel
Flutterwheel
Pass Thru, Trade By
Allemande Left
Promenade

Heads Square Thru 2
Pass the Ocean
Girls Run,
Wheel and Deal, Sweep a Quarter
Single Circle to a Wave, Girls Trade
Pass Thru, Trade By
Slide Thru, Pass Thru
Wheel and Deal
Square Thru 3
Allemande Left
Promenade

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Flutterwheel
Sides Flutterwheel
All Join Hands and Circle Left
Ladies In / Men Sashay
Left Allemande
Swing, Promenade

Heads Lead Right
Circle Four 1/2, Veer Left
Couples Circulate
Chain Down the Line
Flutterwheel
Slide Thru, Pass Thru
Swing, Promenade

Heads Promenade 1/2
Heads Square Thru
All Square Thru 3
Trade By
Single Circle 1/2
Swing, Promenade

Heads Flutterwheel
Heads Square Thru
Single Circle to a Wave
Boys Trade
Partner Right Arm Turn
Allemande Left
Come back Dosado
Take Corner and Promenade

Mainstream

Lesson #12

Calls to Review:

37. Flutterwheel /
Reverse Flutterwheel

38. Sweep a Quarter

39. Trade By

31e. Single Circle to a Wave

Calls to Teach:

40. Ferris Wheel

41. Zoom

42. Touch a Quarter

43a. Single Hinge

Mainstream

Instructional Sequences by Call

40. Ferris Wheel

Heads Flutterwheel and Sweep 1/4
Pass Thru, Swing Thru
Boys Run, Ferris Wheel
Centers Pass Thru
Right and Left Thru, Veer Left
Ferris Wheel, Centers Pass Thru
Allemande Left
Promenade

Heads Lead Right
Right and Left Thru, Veer Left
Couples Circulate
Ferris Wheel, Centers Pass Thru
Single Circle to a Wave
Boys Trade, Boys Run
Couples Circulate
Ferris Wheel, Centers Pass Thru
Right And Left Thru, Veer Left
Wrong Way Promenade

Heads Lead Right, Veer Left
Chain Down the Line
Flutterwheel
Pass Thru, Wheel and Deal
Centers Flutterwheel
Centers Pass Thru
Allemande Left
Promenade

41. Zoom

Heads Promenade 1/2
Heads Star Thru
Centers Right and Left Thru
Zoom
Zoom
Square Thru 3
Allemande Left
Back Away at home

Heads Pass Thru
Heads Separate around 1 to a line
Pass Thru, Wheel and Deal
Zoom, Boys Pass Thru
Star Thru, Ferris Wheel
Zoom, Double Pass Thru
Everyone Partner Trade
Centers Slide Thru
Back away at home

Heads Slide Thru, Pass Thru
Dive Thru
Zoom, Centers Slide Thru
Back away at home

42. Touch a Quarter

Heads, Touch 1/4, Head Boys Run
Touch 1/4, Girls Run
Touch 1/4, Boys Run
Left Allemande
Back away at home

Heads Square Thru
Touch 1/4, Girls Run
Touch 1/4, Boys Run
Slide Thru, Right and Left Thru
Touch 1/4, Girls Run
Touch 1/4, Boys Run
Slide Thru, Allemande Left
Back away at home

Mainstream

43a. Single Hinge

Heads Square Thru
Dosado to a Wave, Girls Trade
Swing Thru, Single Hinge
Boys Run, Slide Thru
Allemande Left
Back away at home

Heads Square Thru
Swing Thru, Single Hinge
Centers Hinge
Very Center Girls Trade
Centers Hinge, All Hinge
Centers Trade, All Hinge
Boys Trade, Boys Run
Couples Circulate
Ferris Wheel and Sweep 1/4
Back away at home

Mainstream

Patter: Standard Applications

Heads Lead Right, Veer Left
Couples Circulate
Ferris Wheel, Centers Pass Thru
Single Circle to a Wave, Boys Trade
Boys Run, Ferris Wheel
Centers Pass Thru, Swing Thru
Boys Run, Couples 1/2 Circulate
Bend the Line
Back away at home

Heads Square Thru, Touch 1/4
Girls Run, Box the Gnat
Right and Left Thru, Slide Thru
Dive Thru, Centers Square Thru 3
Allemande Left
Right and Left Grand
Promenade

Heads Square Thru
Dive Thru
Double Pass Thru
Zoom, Leaders Trade
Slide Thru, Pass Thru
Wheel and Deal
Centers Pass Thru
Touch 1/4, Centers Trade
Centers Run, Ferris Wheel
Double Pass Thru
Zoom
First Couple Go Left
Next Couple Go Right
Slide Thru
Centers Pass Thru
Allemande Left
Promenade

Heads Star Thru
Double Pass Thru
Zoom
First Couple Go Right
Next Couple Go Left
Pass Thru, Wheel and Deal
Zoom
Double Pass Thru
Leaders Partner Trade
Allemande Left
Promenade

Heads Flutterwheel and Sweep 1/4
Pass Thru, Square Thru 3
Trade By, Slide Thru
Pass Thru
Girls Trade (Down the Line)
Swing Thru
Centers Run, Ferris Wheel
Centers (Boys) Pass Thru
Slide Thru, Couples Circulate
Ferris Wheel
Centers Square Thru 3
Allemande Left
Promenade

Heads Square Thru
Slide Thru
Pass The Ocean
Balance
Ends (Boys) Zoom
Swing Thru
Ends (Girls) Zoom
Boys Run
Ferris Wheel, Pass Thru
Allemande Left
Promenade

Mainstream

Patter: Standard Applications with Variety

Heads Lead Left, Veer Right
Ferris Wheel
Centers Swing Thru
Right Arm Turn with Partner
Allemande Left
Promenade

Heads Star Thru
Double Pass Thru, Face Right
Ferris Wheel
Double Pass Thru, Face Left
Ferris Wheel and the Centers Wheel
Around
Pass Thru
Swing Partner at Home

Heads Pass the Ocean, Extend
Girls Trade, Girls Run
Ferris Wheel, Zoom
Double Pass Thru, Leaders Partner
Trade
Pass Thru
Swing Partner at Home

Heads Reverse Flutterwheel
Heads Half Sashay
Heads Touch 1/4, That Girl Run
Dosado to a Wave
Single Hinge, Centers Trade
Single Hinge, Balance
Swing Thru
Right and Left Grand

Heads Rollaway
All Join Hands and Circle Left
Boys (Girls) Pass Thru
Boys Separate and Stand Behind The
Girls
Zoom
Boys (Girls) Square Thru 3
Swing Partner
Promenade

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Square Thru
Right and Left Thru
Veer Left, Couples Circulate
Ferris Wheel
Double Pass Thru
Leaders Partner Trade
Swing, Promenade

Heads Promenade 1/2
Square Thru 4
Swing Thru, Boys Run
Ferris Wheel, Square Thru 3
Swing, Promenade

Heads Promenade 1/2
Heads Pass the Ocean, Extend
Swing Thru
Boys Run, Ferris Wheel
Zoom
Zoom Again, Centers Pass Thru
Swing, Promenade

Heads Square Thru
Dosado to a Wave
Girls Trade, Swing Thru
Single Hinge
Boys Run, Right and Left Thru
Square Thru 3
Swing, Promenade

Heads Promenade 1/2
Sides Star Thru
Centers Pass Thru
Touch 1/4, Centers Trade,
Swing Thru, Single Hinge,
Boys Trade, Swing Thru
Swing, Promenade

Heads Promenade 1/2
Square Thru 4
Right And Left Thru, Veer Left
Ferris Wheel, Square Thru 3
Swing, Promenade

Mainstream

Lesson #13	
Calls to Review:	Calls to Teach:
40. Ferris Wheel	43. Hinge Family
41. Zoom	43b. Couples Hinge
42. Touch a Quarter	<i>19d. Single File (Column) Circulate</i>
43a. Single Hinge	44. Centers In

Mainstream

Instructional Sequences by Call

43b. Couples Hinge

Heads Lead Right
Right and Left Thru
Veer Left, Couples Circulate
Couples Hinge
Center Couples Trade
Couples Hinge
Wrong Way Promenade

Heads Slide Thru
Centers Pass Thru
Star Thru, Pass Thru
Couples Hinge
Center Couples Trade
Couples Hinge, Couples Circulate
Chain Down The Line, Pass Thru
Couples Hinge, Center 6 Trade
(Each Line) Wheel and Deal
Pass The Ocean, Girls Trade
Boys Run,
Promenade

19d. Single File (Column) Circulate

Heads Pass Thru
Separate Around 1 to a Line
Touch 1/4, Single File Circulate
Trade, Single File Circulate
Boys Run, Centers Pass Thru
Dive Thru, Centers Square Thru 3
Allemande Left
Right and Left Grand
Promenade

Heads Square Thru
Swing Thru, Girls Circulate
Boys Trade, Boys Run
Bend the Line, Touch 1/4
Column Circulate
Boys Run, Centers Face In
Back away at home

Heads Square Thru, Slide Thru
Touch 1/4, Single File Circulate
Trade, Column Circulate
Boys Run, Dive Thru
Centers Right And Left Thru
Centers Slide Thru
Back away at home

Mainstream

44. Centers In

Heads Square Thru Four
Centers In
Centers Run
Box the Gnat
Slide Thru, Allemande Left
Back away at home

Heads Square Thru
Centers In, Centers California Twirl
Forward and Back
Star Thru, Double Pass Thru,
Leaders Partner Trade
Centers In, Centers California Twirl
Forward and Back
Star Thru, Double Pass Thru
Leaders Partner Trade
Allemande Left
Promenade

Heads Square Thru Two
Centers In, Centers Run
Star Thru, Trade By
Left Allemande
Promenade

Heads Slide Thru, Double Pass Thru
Centers In, Forward and Back
Wheel and Deal
Center Pass Thru, Centers In
Boys Pass Thru, Bend The Line
Forward And Back, Touch 1/4
Circulate, Centers Trade
Circulate, Boys Run
Dive Thru, Centers Square Thru 3
Allemande Left
Back away at home

Mainstream

Patter: Standard Applications

Heads Slide Thru
Left Square Thru 3
Right and Left Thru, Veer Left
Couples Hinge, Center Couples Trade
Center Couples Wheel Around
Each Line Bend the Line
Right and Left Thru
Veer Left, Couples Hinge
Center Couples Trade
Center Couples Wheel Around
Each Line Bend the Line
Allemande Left
Back away at home

Heads Square Thru
Slide Thru, Touch 1/4
Column Circulate, U-Turn Back
Column Circulate
Column Circulate, U-Turn Back
Column Circulate, Girls Run
Pass Thru, Right and Left Grand
Promenade

Heads Square Thru 4
Centers In, Centers Trade
Star Thru, Double Pass Thru
Centers In, Centers Run
Centers Trade, Star Thru
Trade By, Allemande Left
Right and Left Grand
Promenade

Heads Star Thru, Double Pass Thru
Centers In, Centers Run
New Centers U-Turn Back
Star Thru, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Pass Thru, Wheel and Deal
Zoom, Centers Square Thru 3
Allemande Left, Promenade

Heads Lead Right,
Right And Left Thru, Veer Left
Couples Circulate, Couples Hinge
Center Couples Trade
Wheel and Deal
Forward and Back, Touch 1/4
Single File Circulate, Boys Run
Allemande Left
Promenade

Heads Square Thru
Pass the Ocean, Hinge
Column Circulate, Boys Run
Slide Thru, Forward and Back
Pass The Ocean, All Eight Circulate
Swing Thru, Boys Run
Ferris Wheel, Centers Pass Thru
Centers In, Everyone Hinge
Ends Run, Slide Thru
Allemande Left, Promenade

Mainstream

Patter: Standard Applications with Variety

Heads Star Thru
Double Pass Thru
Face Right Couples Circulate
Couples Hinge, Center Couples Trade
(Girls)
Couples Hinge
Ferris Wheel
Centers (Boys) Square Thru 3
Allemande Left
Promenade Home

Heads Lead Right, Circle Four 3/4
Pass Thru, U-Turn Back
Left Touch 1/4
Column Circulate
Left Hand Trade
Girls Run
Allemande Left

Heads Star Thru
Double Pass Thru, Face In
Touch 1/4
Circulate, Circulate again
Boys Run, Star Thru
Slide Thru
Allemande Left

Heads Square Thru
Centers In, Circulate
Ends Run, Square Thru
Trade By
Allemande Left
Promenade

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Promenade 1/2
Lead Right, Veer Left
Couples Circulate, Couples Hinge
Center Couples Trade Wheel and Deal
Slide Thru, Pass Thru
Swing
Promenade

Heads Separate Around 1 to a Line
Touch 1/4, Circulate
Boy Run, Square Thru 3
Trade By, Square Thru 3
Swing
Promenade

Heads Promenade 1/2
Sides Star Thru, Double Pass Thru
Centers In, Centers California Twirl
Single Hinge, Centers Run
Star Thru, Trade By
Swing
Promenade

Heads Lead Right
Dosado, Right And Left Thru
Veer Left, Couples Hinge
Center Couples Trade
Wheel and Deal
Touch 1/4
Column Circulate
Boys Run
Swing, Promenade

Heads Promenade 1/2
Heads Square Thru 4
Centers In, Centers California Twirl
Ends Dosado, Centers Box The Gnat
Everybody Square Thru 3
Swing, Promenade

Heads Promenade 1/2
Heads Square Thru 4
Centers In, Ends Pass Thru
Centers California Twirl
Ends Run
Forward and Back
Slide Thru
Swing, Promenade

Mainstream

Lesson #14

Calls to Review:

43. Hinge Family

43b. Couples Hinge

*19d. Single File (Column)
Circulate*

44. Centers In

Calls to Teach:

45. Cast Off Three Quarters

46. Spin the Top

19e. Box/Split Circulate

Mainstream

Instructional Sequences by Call

45. Cast Off Three-Quarters

Heads Star Thru
Double Pass Thru
Centers In, Cast Off 3/4
Forward and Back
Slide Thru, Double Pass Thru
Centers In, Cast Off 3/4
Forward and Back
Slide Thru
Centers Square Thru 3
Allemande Left
Back away at home

Heads Star Thru
Double Pass Thru
Centers In, Cast Off 3/4
Forward and Back
Star Thru, Double Pass Thru
First Couple Go Left
Next Couple Go Right
Pass Thru, Wheel and Deal
Zoom, Centers Square Thru 3
Allemande Left
Right and Left Grand
Promenade

Heads Pass the Ocean
Extend
Cast Off 3/4, Centers Trade
Cast Off 3/4, Centers Trade
Cast Off 3/4, Centers Cast Off 3/4
Very Center Girls Trade
Boys Circulate
Girls Cast Off 3/4
Boys Run, Ferris Wheel
Centers Pass Thru, Dive Thru
Centers Square Thru 3
Allemande Left
Promenade

46. Spin the Top

Heads Square Thru
Swing Thru, Spin the Top
Hinge, Circulate
Boys Run, Slide Thru
Pass The Ocean
Spin the Top
Single Hinge, Boys Run
Dosado to a Wave
Swing Thru
Right and Left Grand
Promenade

Heads Square Thru
Slide Thru
Pass the Ocean, Swing Thru
Spin the Top
Spin the Top
Boys Run, Ferris Wheel
Centers Slide Thru
Home

Heads Square Thru
Swing Thru, Spin the Top
Spin the Top, Boys Run
Ferris Wheel
Centers Pass the Ocean
Centers Spin the Top
Extend, Spin the Top
Single Hinge, Circulate
Boys Run, Centers Pass Thru
Everyone Pass Thru, Trade By
Allemande Left
Promenade

Mainstream

19e. Box/Split Circulate

Heads Square Thru
Touch a Quarter
Split Circulate, Boys Run
Reverse Flutterwheel, Slide Thru
Allemande Left
Back away at home

Heads Lead Right
Touch a Quarter
Split Circulate, Boys Run
Touch a Quarter
Single File Circulate
Boys Run
Allemande Left
Promenade

Heads Right and Left Thru
Heads Star Thru
Heads Pass Thru
Touch a Quarter
Split Circulate Twice
Girls Run
Pass Thru
U Turn Back
Right and Left Thru
Slide Thru
Allemande Left
Back away at home

Heads Square Thru
Touch 1/4, Split Circulate
Centers Box Circulate
Split Circulate, Centers Box Circulate
Swing Thru, Centers Box Circulate
Split Circulate, Split Circulate
Boys Run, Chain Down the Line
Pass the Ocean, Girls Trade
Boys Run
Promenade

Heads Slide Thru
Centers Pass Thru
Slide Thru, Touch 1/4
Single File Circulate
Split Circulate, Column Circulate
Face In, Pass Thru
Wheel and Deal
Centers Pass Thru
Allemande Left
Back away at home

Mainstream

Patter: Standard Applications

Heads Star Thru
Double Pass Thru
Centers In, Cast Off 3/4
Star Thru, Double Pass Thru
Centers In, Cast Off 3/4
Star Thru
Centers Slide Thru
Centers Right and Left Thru
Back away at home

Heads Lead Right, Circle 3/4
Forward and Back
Pass Thru, Wheel and Deal
Double Pass Thru
Centers In, Cast Off 3/4
Pass Thru, Wheel and Deal
Girls Pass Thru, Touch 1/4
Centers Trade, Boys Run
Chain Down the Line
Pass Thru
Wheel and Deal
Centers Sweep 1/4
Back away at home

Heads Square Thru
Dosado to a Wave
Girls Trade
Spin the Top
Boys Run,
Wheel and Deal
Sweep 1/4
Allemande Left
Back away at home

Heads Square Thru
Touch 1/4, Centers Trade
Split Circulate, Swing Thru
Spin The Top, Hinge
Column Circulate
Boys Run, Dive Thru
Double Pass Thru
Centers In, Cast Off 3/4
Forward and Back
Touch 1/4, Centers Box Circulate
Boys Run
Center Pass Thru, Others Trade
Dive Thru, Center Square Thru 3
Allemande Left
Promenade

Heads Star Thru
Centers Pass Thru
Dosado to a Wave
Girls Trade, Spin the Top
Hinge, Boys Run
Dive Thru, Centers Slide Thru
Back away at home

Heads Square Thru
Spin the Top, Spin the Top
Swing Thru, Boys Run
Ferris Wheel, Zoom
Centers Star Thru
Back away at home

Heads Pass the Ocean
Extend, Swing Thru
Spin the Top, Right and Left Thru
Pass the Ocean, Split Circulate
Centers Trade, Split Circulate
Hinge, Centers Trade
Boys Run, Couples Circulate
Ferris Wheel, Centers Pass Thru
Allemande Left, Promenade

Mainstream

Patter: Standard Applications with Variety

Heads Square Thru, Swing Thru
Cast Off 3/4, Centers Trade
Swing Thru, Cast Off 3/4
Girls Trade, Swing Thru
Girls Circulate, Boys Trade
Right and Left Grand
Promenade

Heads Star Thru
Double Pass Thru
Centers In, Cast Off 3/4
Star Thru
Centers California Twirl
Centers In, Cast Off 3/4
Ends Run, Slide Thru
Allemande Left, Promenade

Heads Touch 1/4
Heads Box Circulate
Head Girl Run
Touch 1/4, Split Circulate
Boy Run, Bend the Line
Pass the Ocean
Spin the Top
Spin the Top again
Boys Run, Promenade

Heads Pass the Ocean
Extend, Swing Thru
Spin the Top
Spin the Top Again
Spin the Top Again (third)
Slide Thru
Pass Thru
Trade By
Allemande Left, Promenade

Heads Spin the Top
Extend, Centers Trade
Hinge, Boys Trade
Boys Run, Chain Down the Line
Left Square Thru 2
Left Allemande
Right and Left Grand
Promenade

Heads Lead Right
Veer Left
Couples Circulate
Everyone Cast Off 3/4
Slide Thru
Pass Thru
Allemande Left, Promenade

Heads Square Thru
Swing Thru, Spin the Top
Cast Off 3/4, Split Circulate
Boys Run
Centers Square Thru 3
Ends (outsides) U-Turn Back
Left Touch a Quarter
Split Circulate
Allemande Left
Back away at home

Heads Pass the Ocean, Extend
Swing Thru, Spin the Top
Hinge, Circulate
Boys Run, Slide Thru
Pass the Ocean, Split Circulate
Centers Box Circulate
Boys Run, Couples Circulate
Everyone Cast Off 3/4
Ladies Chain
Pass the Ocean, Swing Thru
Right and Left Grand
Promenade

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Promenade 1/2
Heads Right and Left Thru
Heads back away
Sides Single Circle to a Wave
Side Boys Trade
Sides Spin the Top
Extend, Swing
Promenade

Heads Star Thru
Double Pass Thru
Centers In, Cast Off 3/4
Star Thru
Double Pass Thru
Centers In, Cast Off 3/4
Star Thru
Centers California Twirl
Swing, Promenade

Heads Square Thru
Swing Thru
Spin the Top
Pass Thru
California Twirl
Square Thru 3
Swing, Promenade

Heads Square Thru
Dosado to a Wave
Cast Off 3/4
Split Circulate
Single Hinge, Boys Trade
Spin the Top, Slide Thru
Swing, Promenade

Heads Square Thru
Dosado
Swing Thru
Spin the Top
Right and Left Thru
Flutterwheel, Sweep 1/4
Swing, Promenade

Heads Promenade 1/2
Heads Square Thru
Swing Thru
Spin the Top
Right and Left Thru
Star Thru
Pass Thru, Trade By
Swing, Promenade

Mainstream

Lesson #15

Calls to Review:

45. Cast Off Three Quarters

46. Spin the Top

19e. Box/Split Circulate

Calls to Teach:

47. Scoot Back

48. Fold

49a. Tag the Line (In / Out / Left / Right)

Mainstream

Instructional Sequences by Call

47. Scoot Back

Heads Slide Thru
Heads Touch 1/4
Heads Scoot Back
Heads Scoot Back
Heads Girls Run Right
Heads Box the Gnat
Back away at home

Heads Square Thru
Touch 1/4, Scoot Back
Swing Thru, Scoot Back
Centers Trade, Swing Thru
Scoot Back, Boys Run
Slide Thru, Dive Thru
Centers Square Thru 3
Allemande Left
Back away at home

Heads Pass the Ocean
Extend, Scoot Back
Single Hinge, Centers Trade
Scoot Back, Swing Thru
Scoot Back, Scoot Back Again
Boys Run, Square Thru 2
Trade By, Allemande Left
Back away at home

Heads Square Thru
Single Circle to a Wave
Boys Trade, Single Hinge
Scoot Back, Scoot Back Again
Boys Run, Pass the Ocean
Circulate, Single Hinge
Scoot Back, Scoot Back Again
Single Hinge, Circulate
Boys Run, Ferris Wheel
Centers Pass Thru, Dive Thru
Centers Square Thru 3
Allemande Left
Back away at home

48. Fold

Heads Pass the Ocean
Extend, Single Hinge
Circulate, Boys Run
Pass Thru, Ends Fold
Slide Thru, Ends Fold
Slide Thru, Partner Trade
Slide Thru, Allemande Left
Promenade

Heads Square Thru
Centers In, Cast Off 3/4
Ends Fold, Centers Pass Thru
Single Circle to a Wave
Centers Trade, Boys Run
Pass Thru, Ends Fold
Box the Gnat, Slide Thru
Pass Thru, Ends Fold
Dosado to a Wave
Girls Circulate, Boys Trade
Right and Left Grand
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Wheel and Deal
Double Pass Thru
Centers In, Cast Off 3/4
Pass Thru
Girls Fold, Pass Thru
Girls Pass Thru
Centers In, Cast Off 3/4
Pass Thru, Boys Fold
Box the Gnat, Slide Thru
Couples Circulate, Ferris Wheel
Centers Pass Thru
Allemande Left
Promenade

Mainstream

Heads Square Thru
Centers In, Cast Off 3/4
Ends Fold, Centers Pass Thru
Single Circle to a Wave
Centers Trade
Boys Run, Pass Thru
Ends Fold, Box the Gnat
Slide Thru, Pass Thru
Ends Fold
Step to a Wave
Girls Circulate, Boys Trade
Right and Left Grand
Promenade

49a. Tag the Line (In / Out / Left / Right)

Heads Lead Right
Right and Left Thru
Veer Left, Couples Circulate
Tag the Line, Face Right
Couples Circulate
Tag The Line, Face In
Pass Thru
Tag the Line, Face Left
Promenade

Heads Lead Right
Circle 1/2, Veer Left
Couples Circulate
Tag the Line, Face In
Pass Thru
Tag the Line, Face Right
Couples Circulate
Tag the Line, Face In
Pass Thru, Ends Fold
Slide Thru, Couples Circulate
Tag The Line, Face Left
Promenade

Heads Lead Right
Right And Left Thru, Veer Left
Couples Circulate
Tag the Line, Girls Trade
Slide Thru, Couples Circulate
Tag the Line, Face Right
Couples Circulate
Tag the Line, Face In
Pass Thru, Ends Fold, Slide Thru
Ferris Wheel, Centers Pass Thru
Pass Thru, Allemande Left
Promenade

Heads Pass the Ocean
Extend, Swing Thru
Boys Run, Couples Circulate
Tag the Line, Girls Trade
Slide Thru, Couples Circulate
Tag the Line, Face Right
Couples Circulate
Tag the Line, Face Left
Girls Trade
Tag the Line, Face Left
Couples Circulate, Ferris Wheel
Centers Pass Thru
Allemande Left, Promenade

Mainstream

Patter: Standard Applications

Heads Flutter Wheel, Sweep 1/4
Centers Pass Thru
Swing Thru, Single Hinge
Scoot Back, Split Circulate
Men Run, Reverse Flutter
Sweep 1/4, Box the Gnat
Pass Thru, Right and Left Grand
Promenade

Heads Lead Right,
Right and Left Thru, Veer Left
Chain Down the Line
Pass the Ocean, Single Hinge
Scoot Back, Single Hinge
All Eight Circulate
Single Hinge, Scoot Back
Boys Run, Pass Thru
Cast Off 1/2, Slide Thru
Swing Thru, All Fold
Pass Thru, Allemande Left
Promenade

Heads Flutterwheel, Sweep 1/4
Centers Pass Thru, Split Two
Separate Around 1 to a Line
Pass Thru, Ends Fold
Slide Thru, Pass Thru
Ends Fold, Touch 1/4
Boys Run, Right and Left Thru
Pass Thru, Centers Fold
Allemande Left
Promenade

Heads Pass Thru
Separate Around 2 to a Line
Pass Thru
Tag the Line, Face Right
Couples Circulate, Cast Off 3/4
Pass Thru, Boys Fold
Box the Gnat, Slide Thru
Circulate, Boys Run
Boys Trade, Hinge
Scoot Back, Cast Off 3/4
Girls Trade, Swing Thru
Boys Run
Ferris Wheel, Centers Pass Thru
Allemande Left
Promenade

Heads Star Thru, Double Pass Thru
Centers In, Cast Off 3/4
Pass Thru, Ends Cross Run
New Ends Fold, Zoom
Centers Pass Thru, Touch 1/4
Split Circulate, Boys Run
Ferris Wheel, Zoom
Centers Square Thru 3
Allemande Left
Promenade

Heads Square Thru
Centers In, Cast Off 3/4
Ends Fold, Centers Pass Thru
Dosado to a Wave, Centers Trade
Scoot Back, Scoot Back Again
Boys Run, Pass Thru
Tag the Line, Face Right
Couples Circulate, Wheel and Deal
Dive Thru, Centers Face In
Back away at home

Mainstream

Patter: Standard Applications with Variety

Allemande Left in Alamo Style
Heads Scoot Back
Sides Scoot Back
Boys Run
Back away at home
Heads Star Thru
Double Pass Thru, Face Right
Centers Scoot Back
Centers Run
(New) Centers Scoot Back
Centers Run, Ferris Wheel
Centers Wheel Around
Star Thru, Centers Trade
Wheel and Deal, Allemande Left
Promenade

Heads Pass the Ocean
Extend, Scoot Back
Centers Trade
Swing Thru, Scoot Back
All Eight Circulate, Extend
Right and Left Grand
Promenade

Heads Star Thru
Double Pass Thru, Face Right
Centers Scoot Back
Tag the Line, Face Right
Centers Scoot Back
Tag the Line, Face Left
Centers Scoot Back
Ends Circulate, Ferris Wheel
Double Pass Thru, Face Left
Promenade
Heads Pass the Ocean
Head Girls Run
Tag the Line,
Boy Go Right / Girl Go Left
Around 1 to a Line
Pass Thru
Tag the Line, Leaders U-Turn Back
Allemande Left, Promenade

Heads Square Thru
Slide Thru, Pass Thru
Ends Fold, Star Thru
Ends Cross Run, Ends (New) Fold
Double Pass Thru
Leaders Partner Trade
Allemande Left
Promenade

Heads Square Thru
Centers In, Cast Off 3/4
Ends Fold, Centers Square Thru 3
Centers In, Cast Off 3/4
Ends Fold, Centers Pass Thru
Allemande Left
Promenade

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Pass the Ocean
Extend, Single Hinge
Scoot Back, Boy Run
Slide Thru
Pass Thru
Trade By
Swing, Promenade

Heads Square Thru
Swing Thru
Boys Run
Tag the Line, Face Left
Ferris Wheel
Centers Veer Right
Centers Veer Left
Swing, Promenade

Heads Square Thru
Dosado to a Wave
Girls Trade, Swing Thru
Boy Run
Tag the Line, Girls U-Turn Back
Single Circle
Swing and Promenade

Heads Promenade 1/2
Right and Left Thru
Sides Square Thru
Touch 1/4
Scoot Back
Scoot Back Again
Swing, Promenade

Heads Promenade 1/2
Heads Pass the Ocean
Extend, Single Hinge
Scoot Back, Boy Run
Right and Left Thru
Slide Thru
Swing, Promenade

Heads Pass the Ocean
Extend
Swing Thru
Swing Thru Again
All Eight Circulate
Single Hinge, Scoot Back
Swing, Promenade

Heads Square Thru
Dosado to a Wave, Girls Trade
Everybody Single Hinge
Scoot Back, Boys Run
Reverse Flutterwheel
Keep this Girl and Promenade

Heads Ladies Chain
Heads Promenade 1/2
Heads Lead Right, Circle 1/2
Touch 1/4
Scoot Back, Boys Fold
Double Pass Thru
Girls U-Turn Back
Swing, Promenade

Mainstream

Lesson #16	
Calls to Review: 47. Scoot Back 48. Fold 49a. Tag the Line (In / Out / Left / Right)	Calls to Teach: <i>48b. Cross Fold</i> 50. Recycle

Mainstream

Instructional Sequences by Call

48.b Cross Fold

Heads Square Thru 2
Centers In, Cast Off 3/4
Ends Cross fold
Centers Pass Thru
Dosado to a Wave
Boys Circulate, Girls Trade
Boys Cross Fold
Box the Gnat
Right and Left Grand
Promenade

Heads Lead Right
Right and Left Thru, Veer Left
Couples Circulate
Bend the Line
Pass The Ocean
Girls Trade, Boys Cross Fold
Box the Gnat
Right and Left Grand
Promenade

Heads Right and Left Thru
Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Ends Cross Fold
Slide Thru, Pass Thru
Ends Cross Fold
Touch 1/4, Centers Trade
Boys Run
Pass Thru, Bend the Line
Star Thru, Dive Thru
Centers Square Thru 3
Left Allemande
Back away at home

Heads Square Thru, Slide Thru
Pass Thru, Ends Cross Fold
Touch 1/4, Centers Trade
Boys Run, Pass Thru
Ends Cross Fold
Single Circle to a Wave
Centers Trade
Scoot Back
Boys Run
Pass Thru
Wheel and Deal
Centers Slide Thru
Back away at home

Mainstream

50. Recycle

Sides Pass the Ocean
Recycle, Centers Pass Thru
Dive Thru
Centers Pass the Ocean
Recycle
Right and Left Thru, Back Away
All Circle Left
Allemande Left
Promenade

Heads Slide Thru
Centers Pass Thru
Slide Thru
Pass the Ocean
Boys Circulate, Girls Trade
Recycle
Pass Thru, Trade By
Slide Thru
Pass the Ocean
All Eight Circulate
Recycle
Veer Left, Ferris Wheel
Centers Sweep 1/4
Back away at home

Heads Pass the Ocean
Extend, Recycle
Slide Thru, Pass Thru
Ends Cross Fold
Single Circle to a Wave
Centers Trade, Girls Run
Forward and Back
Box the Gnat
Pass the Ocean
Boys Circulate, Girls Trade
Recycle
Pass thru, Allemande Left
Promenade

Heads Square Thru
Slide Thru, Pass the Ocean
All Eight Circulate
Recycle
Pass Thru, Trade By
Slide Thru, Pass the Ocean
Girls Trade
Recycle, Veer Left
Chain Down the Line
Pass the Ocean, Girls Trade
Recycle, Slide Thru
Pass Thru, Wheel and Deal
Centers Square Thru 3
Allemande Left
Promenade

Mainstream

Patter: Standard Applications

Heads Lead Right
Circle Four 3/4, Pass Thru
Ends Cross Fold
Touch 1/4, Centers Trade
All Eight Circulate
Scoot Back, Boys Run
Forward and Back
Flutter Wheel, Pass the Ocean
All Eight Circulate
Recycle, Sweep 1/4
Pass the Ocean
Boys Cross Fold
Box the Gnat
Right and Left Grand
Promenade

Heads Square Thru
Centers in, Cast Off 3/4
Ends Cross Fold
Centers Pass Thru
Slide Thru
Pass The Ocean
All Eight Circulate
Recycle
Slide Thru, Pass Thru
Wheel and Deal
Centers Pass Thru
Dive Thru
Centers Square Thru 3
Left Allemande, Promenade

Heads Slide Thru, Double Pass Thru
Centers In, Cast Off 3/4
Pass Thru, Wheel and Deal
Girls Swing Thru, Girls Recycle
Girls Pass Thru
Everyone Pass Thru
Boys Swing Thru, Boys Recycle
Girls Partner Trade
Boys Pass Thru, Touch 1/4
Boys Circulate
Girls Trade, Girls Run
Bend The Line
Pass Thru, Face Partner
Right and Left Grand

Heads Pass the Ocean
Extend, Girls Trade
Recycle, Pass Thru
Trade By, Slide Thru
Pass Thru, Ends Cross Fold
Pass Thru, Centers Pass Thru
Centers In, Cast Off 3/4
Touch 1/4, Boy Run
Pass Thru, Trade By
Allemande Left
Back away at home

Mainstream

Patter: Standard Applications with Variety

Heads Lead Right
Circle Four 3/4, Pass Thru
Ends Cross Fold
Pass Thru, Trade By
Pass the Ocean
Center 6 Trade
Each Wave Recycle
Pass Thru, Ends Cross Fold
Pass Thru, Trade By
Single Circle to a Wave
Boys Cross Fold
Allemande Left, Promenade

Heads Pass the Ocean, Extend
Recycle, Veer Left
Couples Circulate
Tag the Line Right
Couples Circulate
Girls Run, Girls Trade
Swing Thru, Boys Run
Couples Circulate, Ferris Wheel
Centers Pass Thru
Centers In, Cast Off 3/4
Ends Cross Fold
Centers Pass Thru
Swing Thru, Extend
Right and Left Grand
Promenade

Heads Square Thru
Pass the Ocean
Center 6 Trade
Each wave Recycle, Pass Thru
Ends Cross Fold
Pass Thru, Trade By
Swing Thru, Boys Run
Right and Left Thru
Touch 1/4, Circulate
Boys Run, Allemande Left
Promenade

Heads Pass the Ocean, Extend
Swing Thru, Spin the Top
Very Center Boys Trade
Each Wave Recycle, Pass Thru
Boys Run, Scoot Back
Hinge, Boys Circulate, Girls Trade
Recycle, Sweep 1/4
Pass Thru, Wheel and Deal
Centers Pass Thru, Swing Thru
Girls Circulate, Girls Cross Fold
Right and Left Grand
Promenade

Heads Pass the Ocean, Extend
Recycle
Slide Thru, Pass Thru
Ends Cross Fold
Single Circle to a Wave
Centers Trade, Girls Run
Forward and Back
Box the Gnat
Pass The Ocean
Boys Circulate, Girls Trade
Recycle
Pass Thru, Allemande Left
Promenade

Heads Square Thru
Single Circle to a Wave
Girls Circulate, Boys Trade
Recycle, Veer Left
Couples Circulate
Tag the Line Right
Ferris Wheel, Centers Slide Thru
Centers Pass the Ocean
Extend, Girls Trade
Boys Cross Fold
Wrong Way Grand, Right Pull By
Allemande Left, Promenade

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Promenade 1/2
Sides Half Sashay
Heads Pass the Ocean
Extend, Swing Thru
Centers Run, Bend the Line
Pass Thru
Girls Cross Fold
Square Thru 3
Trade By
Swing, Promenade

Heads Square Thru 4
Dosado
Swing Thru
Boys Run Right
Bend the Line
Right and Left Thru
Pass The Ocean
Recycle
Swing, Promenade

Heads Promenade 1/2
Come Down the Middle
Square Thru
Dosado to a Wave
Girls Trade, Recycle
Pass Thru, Trade By
Swing, Promenade

Heads Square Thru
Right and Left Thru
Veer Left
Tag The Line, Face In
Pass Thru, Boys Cross Fold
Swing, Promenade

Heads Square Thru
Dosado
Step to a Wave, Girls Trade
Recycle
Veer Left
Ferris Wheel
Centers Pass Thru
Touch 1/4, Scoot Back
Swing, Promenade

Heads Pass the Ocean, Extend
Swing Thru, Boys Run
Couples Circulate
Chain Down the Line
Pass the Ocean, Swing Thru
Girl Cross Fold
Swing, Promenade

Head Ladies Chain
Heads Lead Left, Veer Right
Boys Trade, Everyone Cast Off 3/4
Pass the Ocean, Girls Trade
Recycle,
Swing, Promenade

Mainstream

Lesson #17	
Calls to Review: <i>48b. Cross Fold</i> 50. Recycle	Calls to Teach: <i>39. Cross Run</i>

Mainstream

Instructional Sequences by Call

39. Cross Run

Heads Lead Right, Right and Left Thru
Veer Left, Couples Circulate
Girls Cross Run, Couples Circulate
Boys Cross Run, Girls Circulate
Chain Down the Line, Pass Thru
Wheel and Deal, Centers Pass Thru
Everyone Pass Thru, Trade By
Allemande Left
Promenade

Heads Square Thru
Swing Thru, All Eight Circulate
Boys Cross Run, Girls Trade
All Eight Circulate
Girls Cross Run, Boys Trade
Boys Run, Ferris Wheel
Centers Slide Thru
Back away at home

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Centers Cross Run
New Centers Cross Run
Centers Pass Thru, Centers Cross Run
Everyone Pass Thru, Wheel and Deal
Centers Pass Thru
Centers In, Cast Off 3/4
Ends Cross Run
Touch 1/4, Circulate
Boys Run, Centers Square Thru 3
Pass Thru, Allemande Left
Promenade

Heads Pass the Ocean
Extend, Ends Cross Run
All Eight Circulate, Ends Cross Run
All Eight Circulate, Recycle
Veer Left, Couples Circulate
Ends Cross Run, Couples Circulate
Ends Cross Run, Couples Circulate
Chain Down the Line
Pass Thru, Wheel and Deal
Centers Square Thru 3
Allemande Left
Back away at home

Heads Pass the Ocean
Head Girls Cross Run
Head Boys Cross Run
Extend, Girls Cross Run
Boys Cross Run, All Eight Circulate
Girls Cross Run, Boys Cross Run
Boys Circulate, Girls Trade
Recycle, Square Thru 3
Allemande Left
Promenade

Heads Square Thru
Touch 1/4, Centers Trade
All Eight Circulate, Centers Cross Run
All Eight Circulate, Centers Cross Run
Centers Trade, Boys Run
Slide Thru
Pass Thru, Trade By
Dive Thru, Centers Square Thru 3
Allemande Left
Back away at home

Mainstream

Patter: Standard Applications

Heads Square Thru
Single Circle to a Wave
Centers Trade
All Eight Circulate, Centers Cross Run
All Eight Circulate, Centers Cross Run
Center Trade, All Eight Circulate
Swing Thru, Recycle
Allemande Left
Promenade

Heads Pass the Ocean
Extend, Recycle
Veer Left, Couples Circulate
Ends Cross Run
Couples Circulate
Girls Cross Run
Couples Circulate
Ferris Wheel, Centers Pass Thru
Slide Thru, Pass the Ocean
Recycle, Allemande Left
Promenade

Heads Square Thru
Touch 1/4, Centers Trade
Centers Run, Bend the Line
Pass Thru, Ends Cross Run
New Ends Run
Box the Gnat
Pass Thru, Wheel and Deal
Zoom, Centers Pass Thru
Allemande Left
Back away at home

Heads Square Thru
Centers In
All Eight Circulate
Ends Cross Run
Pass Thru
Centers Cross Run
Centers Trade
Slide Thru
Centers Pass Thru
Everyone Pass Thru, Trade By
Allemande Left
Promenade

Heads Square Thru
Touch 1/4, Centers Trade
Swing Thru, Scoot Back
Boys Run, Pass Thru
Centers Cross Run
New Centers Trade
Box the Gnat, Pass the Ocean
All Eight Circulate, Girls Cross Run
All Eight Circulate, Boys Cross Run
Girls Trade, Recycle
Pass Thru, Trade By
Dive Thru, Centers Square Thru 3
Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 2 to a Line
Pass Thru, Centers Cross Run
Hinge, All Eight Circulate
Centers Cross Run
Box the Gnat
Slide Thru, Allemande Left
Back away at home

Mainstream

Patter: Standard Applications with Variety

Heads Lead Right

Pass the Ocean

Recycle, Touch 1/4

Circulate, Boys Run

Allemande Left

Promenade

Heads Square Thru

Pass the Ocean, Recycle

Sweep a Quarter

Allemande Left

Promenade

Heads Lead Right

Slide Thru, Single Circle to a Wave

Girls Cross Fold, Pass Thru

U-Turn Back, Right and Left Thru

Pass the Ocean, Girls Trade

Recycle

Allemande Left

Promenade

Heads Square Thru

Slide Thru

Single Circle to a Wave

Boys Trade, Girls Cross Fold

Pass Thru, U-Turn Back

Slide Thru

Allemande Left

Promenade

Heads Square Thru

Single Circle to a Wave

Boy Cross Run, Girls Trade

Girl Run, Ferris Wheel

Centers Pass Thru

Star Thru, Reverse Flutter Wheel

Take Both Hands and Promenade

Heads Square Thru

Centers In, All Eight Circulate

Ends Cross Run

Pass Thru, Centers Cross Run

Centers Trade, Slide Thru

Centers Pass Thru

Pass Thru, Trade By

Allemande Left

Promenade

Heads Pass the Ocean

Extend, Ends Cross Run

All Eight Circulate, Ends Cross Run

Girls Trade, Scoot Back

Boys Trade, Boys Run

Couples Circulate

Wheel and Deal

Slide Thru, Pass Thru

Wheel and Deal

Centers Square Thru 3

Allemande Left

Promenade

Heads Pass the Ocean

Extend, Hinge

Centers Cross Run

All Eight Circulate

Ends Cross Run, Centers Trade

Swing Thru

Hinge

Boys Circulate

Boys Run

Promenade

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Pass the Ocean, Extend
Girls Run, Boys Cross Run
Couples Circulate
Girls Cross Run
Tag the Line, Face Right
Bend the Line, Slide Thru
Swing, Promenade

Heads Square Thru
Swing Thru
Boys Cross Run, Girls Trade
Girls Run, Ferris Wheel
Centers Veer Right and Veer Left
Swing, Promenade

Heads Lead Right,
Touch 1/4, Scoot Back
Boys Run, Reverse Flutterwheel
Pass The Ocean
Swing Thru
Boys Circulate
Boys Cross Run
Courtesy Turn, Promenade

Figure - (Right Hand Lady Progression)

Heads Promenade 1/2
Heads Square Thru
Touch 1/4, Scoot Back
Single Hinge
Girls Cross Run
Boys Cross Run
Swing, Promenade

Heads Square Thru
Swing Thru
All Eight Circulate, Girls Cross Run
All Eight Circulate, Twice
Girls Cross Run, Boys Trade
Scoot Back
Swing, Promenade

Mainstream

Lesson #18	
Calls to Review: <i>39. Cross Run</i>	Calls to Teach: <i>49b. Fraction (1/4, 1/2, 3/4) Tag</i> <i>21. Left Square Thru</i>

Mainstream

Instructional Sequences by Call

49b. Fraction (1/4, 1/2, 3/4)

Heads Lead Right
Right and Left Thru
Veer Left, Couples Circulate
1/2 Tag, Centers Trade
Swing Thru, Girls Run
Pass Thru, 1/2 Tag
Centers Trade, Hinge
Girls Trade, Recycle
Veer Left, Chain Down the Line
Slide Thru, Pass Thru
Allemande Left
Promenade

Heads Pass the Ocean
Extend, Recycle
Veer Left, Couples Circulate
1/2 Tag, Centers Trade
Centers Run, Couples Circulate
1/2 Tag, All Eight Circulate
Recycle, Veer Left
Ferris Wheel, Centers Pass Thru
Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, 1/2 Tag
Boys Circulate, Girls Trade
Recycle, Veer Left
Couples Circulate, 1/2 Tag
All Eight Circulate, Boys Run
Slide Thru, Pass Thru
Allemande Left
Promenade

21. Left Square Thru

Heads Slide Thru, Left Square Thru 3
Right and Left Thru
Veer Left, Couples Circulate
3/4 Tag, Boys Swing Thru
Girls Trade, Extend
Boys Run, Pass Thru
3/4 Tag, Outsides Trade
Centers Swing Thru
Extend, Boys Trade
Boys Run, Girls Circulate
Wrong Way Promenade

Heads Left Square Thru
Left Touch 1/4, Centers Trade
Centers Run, Ferris Wheel
Girls Left Square Thru 3
Touch 1/4, Boys Trade
Boys Run, Couples Circulate
Bend the Line
Pass Thru, Wheel and Deal
Centers Slide Thru
Back Away at home

Heads Left Square Thru
Left Touch 1/4
Split Circulate, Girl Run
Flutterwheel, Forward and Back
Face Partner
Left Square Thru 3
Right and Left Grand
Promenade

Mainstream

Patter: Standard Applications

Heads Lead Right
Circle Four 1/2, Veer Left
Couples Circulate
1/2 Tag, Scoot Back
Hinge, Girls Trade
All Eight Circulate, Recycle
Slide Thru, Left Square Thru
Trade By, Slide Thru
Pass Thru, 3/4 Tag
Outsides U-Turn Back
Extend, Boys Circulate
Recycle, Allemande Left
Promenade

Heads Left Square Thru
Slide Thru, Pass Thru
1/2 Tag, Centers Trade
Scoot back, Boys Run
Pass Thru, Wheel and Deal
Double Pass Thru
First Couple Go Left
Next Couple Go Right
Right And Left Thru
Pass Thru, Wheel and Deal,
Centers Pass Thru
Allemande Left
Promenade

Heads Lead Right, Veer Left
Couples Circulate, 3/4 Tag
Boys Swing Thru, Girls Trade
Extend, Hinge, Centers Trade
All Eight Circulate, Recycle
Veer Left, Couples Circulate
1/4 Tag, Girls Swing Thru
Extend, Centers Trade
Swing Thru, Scoot Back
Hinge, Girls Trade
Boys Run
Promenade

Heads Left Square Thru
Slide Thru, Pass the Ocean
Swing Thru, Spin the Top
Hinge, Column Circulate
Boys Run, Slide Thru
Pass Thru, 1/2 Tag
Centers Trade, All Eight Circulate
Boys Run, Pass the Ocean
Girls Trade, Boys Run
Promenade

Heads Left Square Thru 3
Heads Separate Around 1 to a Line
Pass Thru, 1/2 Tag
Girls Trade, Recycle
Veer Left, Couples Circulate
3/4 Tag
Boys Swing Thru, Girls Trade
Extend, Hinge, Centers Trade
Recycle, Square Thru 3
Allemande Left
Promenade

Heads Left Square Thru 3
Heads Separate Around 2 to a Line
Pass Thru, 3/4 Tag
Centers Swing Thru, Outsides Trade
Extend
Boys Circulate, Girls Trade
Recycle
Pass Thru, Trade By
Slide Thru, Pass Thru
Wheel and Deal
Centers Pass Thru
Dive Thru, Centers Square Thru 3
Allemande Left
Promenade

Mainstream

Patter: Standard Applications with Variety

Heads Pass the Ocean
Extend, Spin the Top
Boy Run, 1/2 Tag
Scoot Back (Each Box of Four)
Face In, Slide Thru
Pass Thru, Trade By
Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Left Square Thru
Trade By
Left Square Thru 2
3/4 Tag, Outsides Trade
Extend, Boys Trade
Boys Run
Wheel and Deal
Allemande Left
Promenade

Heads Pass the Ocean
Extend
Swing Thru, Boys Run
Bend The Line, Pass Thru
Bend The Line, Pass Thru
1/2 Tag
Centers Run
3/4 Tag
Right And Left Grand

Heads Slide Thru, Left Square Thru 3
Pass Thru, Trade By
Slide Thru, Pass Thru
3/4 Tag, Centers Recycle
Trade By, Left Square Thru 2
Wheel and Deal
Girls Left Square Thru 3
Slide Thru, Boys Trade
Bend the Line, Pass the Ocean
Girls Trade
Scoot Back
Right and Left Grand
Promenade

Heads Slide Thru
Double Pass Thru
Centers In Cast Off 3/4
Forward and Back
Left Square Thru, Trade By
Single Circle to a Wave
Centers Trade, Girls Run
Pass Thru, 3/4 Tag
Outsides Trade, Extend
Centers Trade, Scoot Back
Boys Run, Slide Thru
Right and Left Thru
Allemande Left
Promenade

Mainstream

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Square Thru
Right and Left Thru
Veer Left, 1/2 Tag
Scoot Back, Boys Run
Slide Thru
Single Circle and Rear Back
Swing, Promenade

Heads Square Thru
Right and Left Thru
Swing Thru, Boys Run
3/4 Tag
Boys Right Arm Turn Trade
Girls U-Turn Back
Extend
Swing, Promenade

Heads Promenade 1/2
Heads Pass the Ocean, Extend
Swing Thru, Swing Thru again
Girls Run, 1/2 Tag
Scoot Back
Girls U-Turn, Reverse Flutter Wheel
Keep this girl and Promenade

Heads Promenade 1/2
Heads Left Square Thru
Reverse Circle Four 1/2
Veer Right, Ferris Wheel
Centers Left Square Thru 3
Swing, Promenade

Heads Promenade 1/2
Heads Lead Right
Slide Thru, Pass Thru
Wheel and Deal
Double Pass Thru
Centers In, Cast off 3/4
Pass Thru, 3/4 Tag
Swing, Promenade

Mainstream

Lesson #19	
Calls to Review: <i>49b. Fraction (1/4, 1/2, 3/4) Tag</i> <i>21. Left Square Thru</i>	Calls to Teach: <i>33. Left Swing Thru</i> <i>8. Reverse Wheel Around</i>
	Teach: <i>Step to a Left-Hand Wave</i>

Mainstream

Instructional Sequences by Call

33. Left Swing Thru

Heads Slide Thru
Centers Pass Thru
Step to a Left-Hand Wave
Centers Trade, Left Swing Thru
All Eight Circulate, Left Swing Thru
Girls Run, Ferris Wheel
Centers Pass Thru
Left Allemande
Promenade

Heads Left Square Thru
Left Swing Thru, All Eight Circulate
Left Swing Thru, All Eight Circulate
Left Swing Thru, Girls Run
Ferris Wheel
Centers Square Thru 3
Allemande Left
Promenade

Heads Pass Thru
Heads Separate Around 1 to a Line
Pass Thru, Wheel and Deal
Girls Step to a Left-Hand Wave
Girls Left Swing Thru
Extend (to Left Hands)
Extend (to Left Hands in the Center)
Boys Left Swing Thru, Girls Trade
Extend (to Left Hands)
Boys Run, Box the Gnat
Pass Thru, Wheel and Deal
Centers Square Thru 3
Allemande Left,
Promenade

8. Reverse Wheel Around

Heads Square Thru
Slide Thru, Pass Thru
Reverse Wheel Around
Reverse Flutter Wheel
Forward and Back, Pass Thru
Bend the Line, Pass Thru
Reverse Wheel Around
Forward and Back, Pass Thru,
Wheel and Deal
Centers Square Thru 3
Allemande Left
Back away at home

Heads Pass Thru
Heads Reverse Wheel Around
Heads Lead Right, Slide Thru
Pass Thru, Reverse Wheel Around
Forward and Back
Pass the Ocean, Swing Thru,
Boys Run, Ferris Wheel
Centers Sweep 1/4
Back away at home

Heads Slide Thru
Double Pass Thru
Centers In, Cast Off 3/4
Forward and Back
Pass Thru, Reverse Wheel Around
Forward and Back
Box the Gnat, Slide Thru
Centers Pass Thru
Centers Reverse Wheel Around
Centers Pass Thru
Allemande Left
Promenade

Mainstream

Patter: Standard Applications

Heads Square Thru
Slide Thru, Pass Thru
Reverse Wheel Around
Reverse Flutter Wheel
Sweep 1/4, Pass Thru
Trade By, (Step to a Left-Hand wave)
Left Swing Thru, Circulate
Girls Cross Run, Centers Trade
Boys Run, Ferris Wheel
Centers Square Thru 3
Allemande Left
Promenade

Heads Pass the Ocean
Extend, Girls Cross Run
Boys Trade, Left Swing Thru
All Eight Circulate, Girls Run
Couples Circulate, Bend the Line
Flutterwheel, Pass Thru
Reverse Wheel Around
Forward and Back
Slide Thru, Dive Thru
Centers Square Thru 3
Allemande Left
Promenade

Heads Left Square Thru
Left Swing Thru
All Eight Circulate
Girls Cross Run, Boys Trade
Boys Run, Couples Circulate
Ferris Wheel, Double Pass Thru
Leaders Reverse Wheel Around
Veer Left, Couples Circulate
Ferris Wheel
Centers Square Thru 2
Centers Trade
Allemande Left
Promenade

Heads Lead Right, Veer Left
Couples Circulate, 1/2 Tag
Hinge, Boys Cross Run
Left Swing Thru, All Eight Circulate
Boys Cross Run
Swing Thru, Boys Run
Chain Down the Line
Slide Thru, Pass Thru
Allemande Left
Promenade

Heads Pass the Ocean, Extend
All Eight Circulate, Recycle
Slide Thru, Pass the Ocean
All Eight Circulate
Girls Cross Run, Boys Trade
Left Swing Thru
All Eight Circulate, Girls Run
Couples Circulate
Ferris Wheel, Centers Pass Thru
Slide Thru, Pass Thru
Wheel and Deal
Centers Square Thru 3
Allemande Left
Promenade

Heads Square Thru 2
Slide Thru, Pass Thru
Reverse Wheel Around
Reverse Flutterwheel, Sweep 1/4
Pass Thru, Trade By
Left Swing Thru, All Eight Circulate
Left Swing Thru, Boys Run
Ferris Wheel, Center Pass Thru
Box the Gnat, Slide Thru
Pass the Ocean, Boys Circulate
Swing Thru, Right and Left Grand
Promenade

Mainstream

Patter: Standard Applications with Variety

Heads Slide Thru
Heads Square Thru 3
Left Swing Thru
Boy Run
Ferris Wheel
Centers Reverse Wheel Around
Left Swing Thru
Girls Run
Ferris Wheel
Centers Reverse Wheel Around
Allemande Left
Promenade

Heads Left Square Thru
Left Touch 1/4
Split Circulate
Boys Trade (Same Wave)
Reverse Wheel Around
Reverse Flutter Wheel
Sweep a Quarter
Left Square Thru 3
Trade By
Allemande Left
Promenade

Heads Square Thru
Slide Thru
Left Swing Thru
Boys Run
Boys Trade
Wheel Around
Bend the Line
Half Sashay
Allemande Left
Promenade

Heads Pass the Ocean
Head Girls Cross Run Extend,
Left Swing Thru
All Eight Circulate, Hinge
Centers Trade, Left Swing Thru
Scoot Back, Boys Run
Pass Thru, Wheel and Deal
Centers Pass Thru
Box the Gnat
Slide Thru, Pass the Ocean Boys
Circulate, Recycle Allemande Left
Promenade

Heads Left Square Thru
Left Swing Thru
(Start with the left) Spin the Top
Hinge, Column Circulate
Girls Run, Square Thru 3
Allemande Left
Promenade

Heads Slide Thru
Heads Left Swing Thru
Extend, Left Swing Thru
All Eight Circulate, Hinge
Centers Trade, All Eight Circulate
Boys Cross Run, Recycle
Slide Thru, Pass Thru
Reverse Wheel Around
Forward and Back
Pass the Ocean
Boys Circulate, Girls Trade
All Eight Circulate 1/2
Boys Run, Promenade

Mainstream

Singing Call Figures

Figure – (Corner Progression)

Heads Left Square Thru
Left Swing Thru
Girls Run
Ferris Wheel
Centers Pass Thru
Slide Thru, Pass the Ocean
Girls Trade, Recycle
Swing, Promenade

Heads Slide Thru and Pass Thru
Left Swing Thru
Girls Run
Couples Circulate
Bend The Line, Flutterwheel
Pass the Ocean
Girls Trade
Recycle
Swing, Promenade

Heads Promenade 1/2
Sides Lead Left
Left Swing Thru
All Eight Circulate, Twice
Girl Run, Bend the Line
Slide Thru
Pass Thru
Swing, Promenade

Heads Left Square Thru 4
Left Swing Thru, Girls Run
Ferris Wheel
Centers Veer Right, Veer Left
Slide Thru, Square Thru 3
Swing, Promenade

Heads Lead Left, Veer Right
Bend The Line, Pass Thru
Reverse Wheel Around
Pass The Ocean, Swing Thru
Boys Cross Run, Girls Trade
Left Swing Thru, Girls Circulate
Boys U Turn Back
All Promenade

Heads Pass Thru
Reverse Wheel Around
Slide Thru, Pass Thru
Dosado, Swing Thru
Boys Run, Bend the Line
Pass Thru, Reverse Wheel Around
Reverse Flutterwheel
Keep this girl, Promenade

Heads Star Thru
California Twirl, Dosado to a Wave
Girls Cross Run, Boys Trade
Left Swing Thru, Girls Run
Bend the Line, Flutterwheel
Keep that boy, Wrong Way Promenade