CALLERLAB MAINSTREAM PROGRAM

March 6, 2019

1	C1	over	Δaf

2. Turn Thru

3. Eight Chain Thru /

Eight Chain 1, 2, 3, etc.

4. Pass to the Center

5. Thar Family

a. Allemande Thar

b. Allemande Left to an

Allemande Thar

c. Wrong Way Thar

6. Slip the Clutch

7. Shoot the Star /

Shoot the Star Full Around

8. Single Hinge / Couples Hinge

9. Centers In

10. Cast Off 3/4

11. Spin the Top

12. Walk and Dodge

13. Slide Thru

14. Fold / Cross Fold

15. Dixie Style to an Ocean Wave

16. Spin Chain Thru

17. Tag the Line Family

a. Tag the Line

(In / Out / Left / Right)

b. Fraction (1/4, 1/2, 3/4) Tag

18. Scoot Back

19. Recycle (From a Wave Only)

Callers are reminded to limit their calls to the advertised program. Calls from a list other than advertised should not be used unless they are walked through or workshopped first.

Suggested Teaching Order. Calls in *italics* may be deferred until later in the teaching sequence.

CALLERLAB recommends that MAINSTREAM Program, calls 1–19, be taught in not less than 15 hours. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program.

NOTE TO DANCE PROGRAMMERS

There is NO program called the Mainstream/Plus Program. No dancer is required to know Plus calls to attend a Mainstream open dance. Please advertise dance programs as Mainstream or Plus, NOT Mainstream/Plus.

These lists are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers.