

CALLERLAB (NEW) MAINSTREAM PROGRAM

Effective September 1, 2026

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| <ol style="list-style-type: none">1. Arm Turn Family<ol style="list-style-type: none">a. Right/Left Arm Turnb. Allemande Left/Right2. Bend the Line3. Box the Gnat4. California Twirl5. Cast Off 3/46. Centers In7. Circle Family<ol style="list-style-type: none">a. Circle Left/Right (1/4, 1/2, 3/4, Full)b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full)c. Single Circle Left/Right (1/4, 1/2, 3/4, Full)8. Circulate Family<ol style="list-style-type: none">a. Couples Circulateb. (Named Dancers) Circulatec. All Eight Circulated. Single File (Column) Circulatee. Box/Split Circulate9. Courtesy Turn10. Dive Thru11. Dosado12. Double Pass Thru13. Extend14. Ferris Wheel15. First Couple Go Left/Right,
Next Couple Go Right/Left16. Flutterwheel / Reverse Flutterwheel17. Fold / Cross Fold18. Grand Square19. Half Sashay Family<ol style="list-style-type: none">a. Half Sashayb. Rollawayc. Ladies In, Men Sashay20. Hinge Family<ol style="list-style-type: none">a. Single Hingeb. Couples Hinge21. Ladies Chain Family<ol style="list-style-type: none">a. Ladies Chain / Ladies Chain 3/4b. Four Ladies Chain / Four Ladies Chain 3/4c. Chain Down the Line22. Lead Right/Left23. Ocean Wave Family<ol style="list-style-type: none">a. Step to a Waveb. Dosado to a Wavec. Single Circle to a Waved. Alamo Stylee. Balance | <ol style="list-style-type: none">24. Pass the Ocean25. Pass Thru26. Promenade Family<ol style="list-style-type: none">a. Couples Promenadeb. Single File Promenadec. Star Promenaded. Wrong Way Promenade27. Recycle (From Waves Only)28. Right and Left Grand Family<ol style="list-style-type: none">a. Right and Left Grandb. Weave the Ringc. Wrong Way Grand29. Right and Left Thru30. Run / Cross Run31. Scoot Back32. Separate Family<ol style="list-style-type: none">a. Separateb. Separate Around 1 or 2 to a Linec. Separate Around 1 or 2 and come into the middle33. Slide Thru34. Spin the Top35. Split Two36. Square Thru / Left Square Thru37. Star Right / Left38. Star Thru39. Sweep a Quarter40. Swing41. Swing Thru / Left Swing Thru42. Tag the Line Family<ol style="list-style-type: none">a. Tag the Line (In / Out / Left / Right)b. Fraction (1/4, 1/2, 3/4) Tag43. Touch a Quarter44. Trade Family<ol style="list-style-type: none">a. Couples Tradeb. (Named Dancers) Tradec. Right/Left Hand Traded. Partner Trade45. Trade By46. Turn Back Family<ol style="list-style-type: none">a. U-Turn Backb. Backtrack47. Veer Left/Right48. Wheel and Deal49. Wheel Around / Reverse Wheel Around50. Zoom |
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