



PRESS RELEASE

FOR IMMEDIATE RELEASE (December 2025)



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***** S T A R T *****

(New) Mainstream Program Teaching Order Implementation Date: September 1, 2026

CALLERLAB is pleased to announce that the Mainstream Committee has approved two key updates that will guide future instruction for the Mainstream Program.

1. New Recommended Mainstream Teaching Order Adopted

Committee members voted to adopt an updated teaching order for the (new) Mainstream Program. This revised sequence is intended to support clearer, more consistent instruction for dancers and callers.

2. Minimum Instructional Time Established

The committee also approved a new recommended minimum of 30 hours of instruction for teaching the Mainstream Program. This standard is designed to ensure dancers receive a solid foundation.

Next Steps

The new Mainstream List will take effect September 1, 2026.

The committee will now begin work on a new Mainstream Instructional Guide/Playbook to support callers in applying these updates.

Additional information and progress updates will be posted at CALLERLAB.org/tipp.

CALLERLAB thanks the Mainstream Committee for its continued work to strengthen caller education and support the success of dancers worldwide.

***** E N D *****

We thank you for the coverage you have given us in the past and for your continued support in the future.

CALLERLAB (NEW) MAINSTREAM SUGGESTED TEACHING ORDER

Effective September 1, 2026

<ol style="list-style-type: none"> 1. Circle Family <ol style="list-style-type: none"> a. Circle Left/Right (1/4, 1/2, 3/4, Full) b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full) c. Single Circle Left/Right (1/4, 1/2, 3/4, Full) 2. Dosado 3. Promenade Family <ol style="list-style-type: none"> a. Couples Promenade b. <i>Single File Promenade</i> c. <i>Star Promenade</i> d. <i>Wrong Way Promenade</i> 4. Arm Turn Family <ol style="list-style-type: none"> a. Right/Left Arm Turn b. Allemande Left/Right 5. Star Right/Left 6. Right and Left Grand Family <ol style="list-style-type: none"> a. Right and Left Grand b. <i>Weave the Ring</i> c. <i>Wrong Way Grand</i> 7. Pass Thru 8. Wheel Around / <i>Reverse Wheel Around</i> 9. Courtesy Turn 10. Right and Left Thru 11. Swing 12. Ladies Chain Family <ol style="list-style-type: none"> a. Ladies Chain, (<i>Ladies Chain 3/4</i>) b. Four Ladies Chain, (<i>Chain 3/4</i>) c. <i>Chain Down the Line</i> 13. Half Sashay Family <ol style="list-style-type: none"> a. <i>Half Sashay</i> b. <i>Rollaway</i> c. Ladies In, Men Sashay 14. Turn Back Family <ol style="list-style-type: none"> a. U-Turn Back b. Backtrack 15. Separate Family <ol style="list-style-type: none"> a. <i>Separate</i> b. Separate Around 1 or 2 to a Line c. <i>Separate Around 1 or 2 into the middle</i> 16. Lead Right / Lead Left 17. Veer Left / Veer Right 18. Star Thru 19. Circulate Family <ol style="list-style-type: none"> a. Couples Circulate b. (Named Dancers) Circulate c. <i>All Eight Circulate</i> d. <i>Single File (Column) Circulate</i> e. <i>Box/Split Circulate</i> 20. Bend the Line 	<ol style="list-style-type: none"> 21. Square Thru / <i>Left Square Thru</i> 22. Split Two 23. Grand Square 24. Double Pass Thru 25. First Couple Go Left/Right, Next Couple Go Right/Left 26. Wheel and Deal 27. California Twirl 28. Slide Thru 29. Dive Thru 30. Box the Gnat 31. Ocean Wave Family <ol style="list-style-type: none"> a. Alamo Style b. Balance c. Step to a Wave d. <i>Dosado to a Wave</i> e. <i>Single Circle to a Wave</i> 32. Trade Family <ol style="list-style-type: none"> a. Couples Trade b. (Named Dancers) Trade c. Right/Left Hand Trade d. Partner Trade 33. Swing Thru / <i>Left Swing Thru</i> 34. Run / <i>Cross Run</i> 35. Pass the Ocean 36. Extend 37. Flutterwheel / Reverse Flutterwheel 38. Sweep a Quarter 39. Trade By 40. Ferris Wheel 41. Zoom 42. Touch a Quarter 43. Hinge Family <ol style="list-style-type: none"> a. Single Hinge b. Couples Hinge 44. Centers In 45. Cast Off Three-Quarters 46. Spin the Top 47. Scoot Back 48. Fold / Cross Fold 49. Tag the Line Family <ol style="list-style-type: none"> a. Tag the Line (In / Out / Left / Right) b. Fraction (1/4, 1/2, 3/4) Tag 50. Recycle (from Waves only) <p>It is suggested that calls in italics be delayed until later in the teaching sequence. See details in the <i>(New) Mainstream Playbook</i>.</p>
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It is recommended that the Mainstream Program should be taught in no less than 30 hours of instruction (15 two-hour classes or 20 ninety-minute classes).